Totley Independent

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Autumn colours - not Gillfield Wood, but next to the drop-off point at the station

A few weeks in Gillfield Wood....

Chris Measures, of Friends of Gillfield Wood, writes: The last few months have seen our group putting on a variety of outdoor events, all of which have been well attended and very rewarding.

An evening with bats

At the beginning of September, local ecologist Dave Gash led a short walk from Totley Hall Lane to try and locate any bats that might be feeding in the area. As we gathered at the bottom of the lane at 8pm, bats were already flying along the hedges and below the trees there. Much to everyone's excitement these small bats could clearly be seen as the evening light was ideal at that time. With our bat detectors turned on, the sounds made by the bats could be heard and from these sounds the bats were identified as Common Pipistrelle, a species we usually find in that particular area, so that was a great start. And a further sound was identified as that from a Noctule Bat, which was a bonus.

Our walk then took us across nearby fields and through Gillfield Wood. Just before entering the wood, we encountered two very brief sounds from a different bat, and these proved to be from a Brown Long-eared Bat. Dave made the identification with the help of some specialised equipment he had brought along, which not only picked up the call of the bat but identified it as well. Long-eared bats, by the way, can hear the noises of insects on foliage and may 'switch off' their echolocation whilst foraging, so they are not always an easy bat to pick up with a detector. And interestingly, they can hover to take insects off leaves.

Although this stretch of wood was generally quiet, we managed to see in the torchlight a (*continued on p.3*)

UKRAINE HUMANITARIAN APPEAL

Apart from donating food, blankets and other essentials through local churches and other organisations, you can help by sending money to the Disasters Emergency Committee at any Post Office, or online at DEC.org.uk



A Merry Christmas and a Happy New Year to All Our Readers!

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After yet another interesting and eventful year for everyone, we want to thank you all for your continuing support and wish you a healthy and safe Christmas and New Year

We look forward to seeing you in 2023



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A few weeks in Gillfield Wood... (continued from p.1)

Whiskered or Brandt's bat as we stood by the side of the brook. The very dry clicks of this bat's call could be heard as we watched it flying back and forth along the brook and it really did fly close to us all.

The next time we stood still was as we approached the kissing gate to walk back out onto Totley Hall Lane. The Pipistrelles were still there foraging, this time zipping towards us at eye level. It was terrific to get such very close views, and in the torchlight you could even see their wings rapidly beating. The wings were certainly a blur but absolutely brilliant to see. Such a privilege for us to share an evening with them!

A morning with voles and mice

We had a joint meeting with Sorby Natural History Society in late October, led by our friend Val Clinging. This is an annual event which we put on for families, and always proves to be popular, especially with children.

Despite a very poor weather forecast, which sadly proved to be accurate, fifteen people, including children, turned up in the rain at 8.30am. Sixteen traps had been set the previous evening in a quiet area of Gillfield Wood, an area which has been used for our trapping session for a number of years. Eight small mammals were trapped overnight this time, five Wood Mice and three Bank Voles. It was a good result showing once again we have a healthy small mammal population in our wood.

All the mice and voles were seen to be fit and lively. Bedding and food had been placed in each trap for their overnight stay. One of the Wood Mice was much smaller than the others with darker fur and was obviously from a late litter, although old enough to be fully independent. Everyone attending was able to see the animals at close quarters and it was good to get both species so everyone could compare them. The children of course were very keen and enthusiastic and helped with releasing them. And pleasingly, no one seemed to mind about the weather!

A morning with Birds and Fungi

Our own Stuart Davies led this very successful walk. It got off to a great start when a solitary Raven flew over our heads croaking as we gathered at the bottom of Totley Hall Lane at 8.30am in mid–November.



Looking for birds over Gillfield Wood

(Photo: Helen Foley)

Two Mistle Thrushes and a Redwing were the next birds we encountered, perched at the top of an Ash tree. Two telescopes were set up to allow the group to gain better views - ideal equipment to see the birds' markings and that distinctive white supercilium of the Redwing. We met these two species again on our walk - in fact we had six different species of the thrush family, the other four species being Song Thrush, Robin, Blackbird and Fieldfare.

Our walk took us through Gillfield Wood in all its autumn glory, and we stood on the main path in a bed of fallen leaves, gazing high up into the Larches to watch a party of birds feeding. They were not easy to identify, as they were so small and constantly on the move, but Coal Tits, Longtailed Tits, Blue Tits and Goldcrest were noted. We then moved to higher ground on the south side of the wood in the hope of seeing a Buzzard, which unfortunately proved elusive, but pleasingly there were some small flocks of winter thrushes, Fieldfare and Redwing, passing through the area. However, these flocks were nothing in comparison to the huge flocks of Woodpigeons we could see, often in the distance, as they passed by in their hundreds for most of the morning. These were heading south having flown over from the continent; a real spectacle.

The higher ground where we stood is a very old unimproved field. Sheep had been grazing there, so the grass was short: it was ideal for fungi at this time of year. Fungi of all different colours and sizes were found including several different types of waxcaps which created a lot of excitement. In addition, a white slime mould was found on several patches of grass, and when the group were told its non-Latin name, Dog's Vomit, it caused a few smiles!

Our walk eventually took us to the east end of the wood where Goldfinch, Greenfinch and Siskin could be added to our list. At one point Nuthatches were calling from all around us and several Jays were flying close by us into Oak trees to collect acorns. Then a Grey Wagtail was heard to call and was seen flying above the trees heading west, up stream.

Just as we decided it was time to head back to our starting point, one of our group pointed out a flock of Starlings strangely gathering in a compact group above the tops of some houses - and next thing a Sparrowhawk appeared at the back of the group. It had obviously been hunting and had panicked the birds, sending them up into a tight formation, but as the hawk had been unsuccessful in its attack, it turned away from the flock and glided slowly over our heads. Perfect views for us all to see and a perfect end to our morning walk.

Friends of Gillfield Wood events

With more outdoor events and indoor meetings to follow, please come along! You do not have to be a member and you will be made most welcome. Details regularly appear in the *Totley Independent* and on our website. We also have monthly conservation mornings where we meet to carry out conservation work in and around the wood; the work is varied to suit all abilities. If you would like to be involved or have any enquiries regarding any of the events please do write to Andy, our secretary, fogwsecretary@gmail.com.

In the meantime, we wish you all a lovely Christmas and a very happy New Year.

Chris Measures

Totley Vintage Fair

Totley Vintage Fair is coming back!

It will be held on Saturday 11th March 2023, from 10am until 4pm, at St John's Church Hall, Abbeydale Road Sth, S17 3LE.



All monies raised from stall sales and refreshments will go towards Totley Open Gardens takings, for distribution to local community organisations – see www.totley.org.uk for more information.

Stalls are £15 each. If you want to book a stall please contact Christine Jenkins by email at christine.jenkins1@sky.com.

Jennie Street

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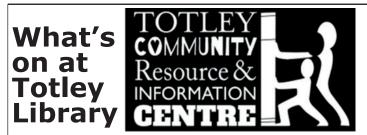
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2022 has seen Totley Library gradually able to get back to pre-pandemic services and welcome the return of community groups and events. We have been very pleased to welcome more volunteers and see many new families visiting as part of a growing and diverse population of library users. Our Summer Reading Challenge was a great success with 275 children participating and 90 new library members as a result. We would particularly like to encourage more involvement from local schools and young people to recommend books and events they would like to see taking place.

The library always needs new volunteers to help deliver our events and activities. If you have a few hours to spare a month and are interested in meeting new people and getting more involved with a local charity we would love to hear from you. We are seeking support for Storytime activities on Wednesday mornings (term time only), front-of-house help for our cinema screenings and our gardening group would love an extra pair of hands to keep the library grounds looking attractive and grow plants for our annual plant sale in the Spring. Finally, if you are handy on the computer and can support the marketing and promotion of our activities, that would be very useful. Please email totleylibrary@gmail.com and put 'Volunteers' in the subject heading if you or someone you know would be interested.

We are delighted to have been awarded grant funding for the replacement of the heating system in the Children's library. Sheffield Town Hall Trust granted Totley CRIC £2,500 and the National Lottery Community Fund has awarded £5,100 towards the costs. Trustees and volunteers are delighted by this support which ensures our library is now effectively heated for all visitors and users.

Current Opening Hours

Mondays 1pm - 7pm Tuesdays and Wednesdays 10am - 5pm Fridays and Saturdays 10am - 1pm

The Lord Mayor of Sheffield's Reading Challenge

The Lord Mayor has invited individuals, families, schools, community groups, and businesses to share in the simple joy and power of reading through to April 2023! See https://www. sheffield.gov.uk/libraries-archives/lord-mayors-big-read

Borrow printed books from the library three times before Christmas and you will be entered into a prize draw to win one of ten £50 book tokens. The reading challenge is running across all Sheffield public libraries and open to library users of all ages.

Totley Library Cinema

Our cinema programme at Totley Library is available for booking in person or by calling 0114 236 3971. Refreshments will be served at all these films. Raffle tickets: £3 per adult and £1.50 per child. Thursday matinee films are free for over-65s.

Thursday 19 January 3pm - Mrs Harris Goes to Paris (PG) Feel good film starring Lesley Manville.

Sunday 22 January 2pm - Jumani: The Next Level (12) Family comedy starring Dwayne Johnson and Kevin Hart

Friday 27 January 7pm - Operation Mincemeat (12) Second World war drama based on a true story, starring Colin Firth

Overdue books

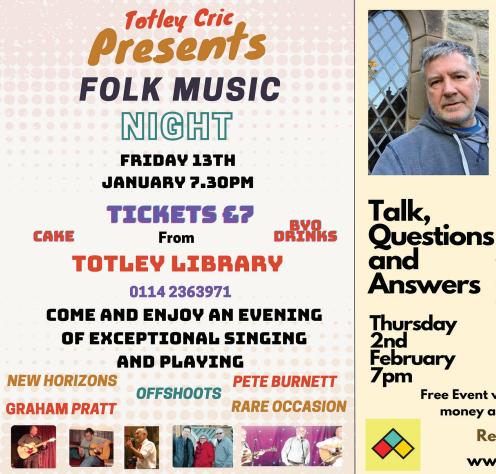
Since 1st April 2022, there will be no fines on items that are returned late. Library users are still encouraged to return or renew their library books on time. Lost and damaged items are charged at replacement value.

Please have a look at home for any overdue books and return to the library as soon as possible. This will help ensure all our library users are able to enjoy the newest titles.

You can make a book recommendation online at http://www. totleycric.org.uk/suggest-a-new-book/ or email us at bookpurchasing@totleycric.org.uk

Library Lottery Winners

First-prize winner in the September draw was Mary Dakin, and Harry Driver won second prize. In the October draw, first prize was won by Claire Grindrod, and second prize by Wendy Sawyer.



Answers

7pm



TIM RENSHAW **CEO ARCHER PROJECT**



Tim will be joining us in Totley Library to share with us his 14 day sleep out slog and give us an insight into the challenges that a homeless person experiences on the streets.

Free Event with chance to make donations of money and food to the Archer Project.

> **Refreshments & Cakes** www.totleycric.org.uk

Julie Kitlowski, Chair of CRIC Trustees

Christmas Friendship Lunches

The dates for the Christmas Friendship Lunches are: the Ball, Crookes on Tuesday 6 December, the Crosspool Tavern on Monday 12 December, and the Shepley Spitfire on Friday 30 December. All the events comprise a delicious two-course lunch and live entertainment. The amazing Alan Turner will be performing at the Ball and the Crosspool Tavern and the awesome Oliver Harris is back at the Shepley Spitfire. To book please contact the venues direct.

For further information and/or to discuss hosting/sponsoring a Friendship Lunch, please contact Kathy Markwick, Freelance Community Consultant, 0772 9528844. Kathy said 'I am delighted with the success of the Friendship Lunches at these venues and for the support of Age UK Sheffield, People Keeping Well and Sheffield City Council Local Area Committees. We are all very grateful to Twelve Trees Care, Sheffcare, Norrie Waite Slater Solicitors and SCCCC, our poster sponsors, and for their support by way of promotion. The events definitely give people something to look forward to, something to get dressed up for and a wonderful opportunity to meet old/make new friends." The Friendship Lunches are also 'dementia friendly' and therefore ideal for those living with dementia, offering invaluable respite for many people.

Kathy Markwick Freelance Community Consultant

Beauchief Gardens

The erection of new timbers for the pergola, and refurbished trellises to the entrance to Beauchief Gardens by Sheffield Vulcan Rotary Club, is the culmination of invaluable help



to the Club by Volkerstory/Network Rail, both in financial and manual terms, in our quest to bring these gardens back to their glory - there was once a full-time gardener!

The gardens were given by The J.G.Graves Trust to The City Council in 1934, and the Trust has now donated funds towards a new steel shelter, with seats. A lottery grant has also been awarded for the shelter, which should be in place before Christmas. The Council's Parks & Recreation department are proposing further improvements to help us achieve our goal, with our volunteers.

Perch and Roach are fished for in the dam, and, sadly, American Crayfish are also seen. There is a thought that the gardens were going to be part of the dam until someone changed their mind! Future plans include interpretation boards for both the birds on the dam, and the locos running on the rails. Bulbs, provided by a club member, will shortly be planted to supplement those planted in previous years. Our wishes are to replant the rose bed, in front of which many bridal parties have had their photographs taken. Unfortunately the pandemic prevented most of our fundraising events, so we cannot do it this year, unless a kind benefactor comes to our aid!

Roger Hart

Dore and Totley United Reformed Church

Remembrance 2022

Thank you to everyone who knitted or crocheted poppies for our display. Whilst the tradition of poppies began after the First World War, sadly conflict continues all over the world and our thoughts and prayers have been with the people of Ukraine especially.

Christmas celebrations

We start preparing for Christmas on December 4th with a service where we all help to decorate our Christmas tree.



On 11th December we are holding a Carol service at 10.30am led by Rev. Barry Welch. All are invited to join us and have refreshments afterwards.

The following Sunday, 18th December we have Carols of Praise, when we'll be singing carols chosen by our members. All these Sunday services start at 10.30am.

Our Christmas Day service will be led by Rev. Zaidie Orr, starting at 10 am.

Cathedral Archer Project

Thank you to everyone who donated jigsaws for our sale in October. We had a huge range of jigsaws and we raised over $\pounds 1300$ for the Archer project. Watch this space for another jigsaw sale, probably in Spring 2023.

Elaine Ferguson

Totley Independent Forum Facebook page closes

The 'Totley Independent Forum' Facebook group page was launched in April 2018. It was the result of discussions, following the dissolution of the Totley Residents Association, involving representatives from various Totley organisations. The intention was to create an online forum whereby Totley people could share concerns about issues affecting their community. At around the same time the 'Dore and Totley Community' Facebook group was set up.

Although membership of the Forum gradually grew to over 1,000, very few members of the group posted items on community issues on the page. In fact, with one or two exceptions, very few members posted at all. Most people preferred to post on the 'Dore and Totley Community' page, which has over eight times as many members. Although a few people applied to join 'Totley Independent Forum' each week, almost all new applicants were also already members of the 'Dore and Totley Community' group.

And the page never hosted any discussions of serious local concern, which was the original idea. Even the controversy over cycling in Gillfield Wood arose through the 'Dore and Totley Community Group' page, not the 'Totley Independent Forum'. And some Forum posts also appeared on the 'Dore & Totley Community Group', so there could be repetition.

In addition, the 'Totley Independent Forum' had a policy of not allowing free advertising on the page. This policy was urged by several supporters in the early days of the page, who pointed out that to allow free advertising would be unfair to those businesses who pay for advertisements in *Totley Independent* magazine itself.

In these circumstances, we gave notice that we were proposing to close down the Forum page. We asked that anyone wishing to maintain the group got in touch with us.....but no-one did! The 'Totley Independent Forum' Facebook group page has therefore been closed..

Note that the continuing regular production of *Totley Independent* magazine is not affected by this development!

Totley's Christmas Past

Over the generations, how people celebrate Christmas evolves. Family and social groups form and re-form after marriages, births and house moves. The older generation inevitably dies, but a legacy of their family's traditions is often carried on by those who follow. Society's influences also play an important part...the geographically tight families of a century ago have now often spread far and wide, not only across the UK, but worldwide as well. In the early post WWI years Totley was still a small village very much centred on its local schools and churches. No telephones and no cars to make contact with relatives and friends living just a short distance from home.

Taken from Totley History Group's records, here are a few ways that Christmas was being celebrated in the years between the Wars...

1919: The men who had been away in the army were home and picking up the threads of their pre-war existence, except, that is, for the ten who paid with their lives. Arthur Turner had been released from prisoner of war camp but there were two empty places at the Christmas table that year - his younger brothers Charles and Bernard, both of whom died in France.

1922: Totley village, then within Derbyshire, was busy raising funds to build their own Parish Church (All Saints) while remaining under the umbrella of Dore Church until this happened.

Mr and Mrs Milner, the owners of Totley Hall, had given land and a substantial donation in memory of their son Roy, killed in the first days of WWI, in order for the recently formed Parish of Totley to have its own church. Mrs Milner's name is frequently mentioned in the newly-published Parish magazine, as she supported the various village events. The magazine had been inaugurated at the start of that year and in December was listing Services to be held in the Church School.



The school served as a place of worship until the church was built

The Parish magazine also advertised fund-raising events such as lectures, socials, whist drives etc, to be held at the school. Each month it recorded donations to the New Church Fund, donors' names were honoured, committee members listed and a few parishioner deaths recorded. It wasn't the smart publication we see these days as in the *Totley Independent*, but a wobbly and smudged reproduction of a typed copy. Nevertheless, it provided a relatively quick and efficient way of distributing village news.

Sunday afternoon, December 17, Sacred Concert, comme	neing at 3 o'clock
The programme is kindly being arranged by Mr. A. E. Linfoot.	We hope to have
the room crowded. Collection for the New Church Fund.	ne hope to have

The Congregational Christmas Social is arranged for Saturday, December 30. The proceedings will follow on much the same lines as last year, viz., a ham tea, social whist drive, and concert. Particulars will be announced nearer the time.

Christmas 1923 was a white Christmas with heavy snowfalls being reported. Did people dig themselves out or just stoke the fire and keep warm? However, snow wasn't going to stop hardened fans from seeing the traditional Christmas football at Bramall Lane. While the dinner was cooking, some might have braved the weather and long walk to see the match. Despite these vagaries of the weather Sheffield spent a very happy, although quiet holiday. Wherever one went there were signs of that gaiety and goodwill which is always associated with Yuletide. The Christmas Day football match at Bramall lane was a great attraction, and in the morning, the streets were full of men (and some women) on their way to the ground.

No trams were running, so the football enthusiasts had perforce to walk, and hundreds made the journey from the distant suburbs, acquiring a good appetite for the festive fare on their return. Taxicabs did a roaring trade.

The children probably enjoyed sledging, sliding and snowball fights as every generation does, but Christmas being a Holy Day these activities would almost certainly be off limits.

"In the old days dad did the snow ploughing around Totley with a pair of horses...." - Carmen Salt talking in 1997 about her childhood memories of Tom Salt living at Woodthorpe Hall Farm.

By December 1924 Totley had achieved its new church and Rev J Hutton was celebrating the coming Christmas season with a great number of Communion Services.

- 21. 4th Sunday in Advent. Holy Communion, 8.
- 22. S. Thomas (transferred from 21st). Holy Communion, 7.30.
- Christmas Day. Holy Communion, 7, 8. Mattins, 10.15. Sung Eucharist, 11. Evensong (said), 4 p.m.
- 26. S. Stephen. Holy Communion, 7.30.
- 27. S. John. Holy Communion, 7.30.
- 28. Holy Innocents. Holy Communion, 7.30.

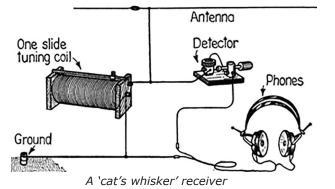
Most of Totley's residents would consider it essential to go to at least one church service during Christmas week. There were four denominations now in Totley - All Saints C of E, the Wesleyan Mission, United Reformed on Totley Brook Road and the Methodist Chapel on Baslow Rd.

Carol singing also raised funds for the new church, but unaccompanied groups of children would also try to earn a few pennies for themselves by singing at neighbours' doors usually somewhat abbreviated versions and often out of tune! The Appeal fund rumbled on, helping to buy internal fitments for the completed church building.

Christmas mail

Run by Fanny Booker, Totley Rise Post Office sorted its own mail, which meant that she and the PO staff at the crossroads both faced long working hours to make sure everyone's cards were delivered by 25th. Temporary staff were employed, with deliveries going on throughout the daytime and into the early evening gloom. Parcels, wrapped in brown paper secured by string and sealing wax, would arrive with the postman and be placed under the tree - a tree sometimes dangerously illuminated by small and potentially lethal candles secured to its branches!

In October 1922 the BBC had been formed to prevent a jumbled mixture of private companies taking over the airwaves, and had just broadcast its first programmes, although it's doubtful they would have been heard in Totley. Later in the decade a favourite present for practical boys, however, became a construction kit to make a 'cat's whisker' receiver.





The first Christmas Day Speech, delivered by King George Vth, wasn't until 1932.

Shopping for dinner

Totley had the full range of shops to provide villagers with a grand Christmas dinner, but without household refrigeration any perishable goods would only be bought one or maybe two days before 25th.

Butcher Colin Thompson would have worked around the clock throughout December, slaughtering and hanging meat (and even occasionally venison) behind his shop on Totley Rise. Fowl (chicken, capon, goose, occasionally turkey) might have come from local farms. Vegetables would be brought out from frost-proof cellars and larders or retrieved from clamps on the allotments. Cabbages were cut, sprouts picked. Those who didn't grow their own bought their supply from one of the greengrocers, perhaps Wint's on Mickley Lane, where other essential Christmas fayre could be bought - tangerines or the recently popularised clementine. Maybe one of these, some chocolate money and a real threepenny bit might be all that could be afforded for the children's stockings.

General stores Marrison's, Wint's Provisions, and Bushey Wood Stores had all the ingredients needed to make your Christmas cake, Christmas pudding, and mincemeat. Of course these would have been prepared back in the autumn, giving them time to mature.

The dinner would probably be cooked on a Yorkshire range, its fuel bought from Arthur Foulstone, coal merchant and stalwart of the Church Fund. Gas was recently available in the village but few cottages had had this luxury installed, and then only for lighting.

Presents of a box of chocolates for Mum, tobacco for Dad, talcum powder or scented soap for Gran and a new bib for baby could all be bought in the local shops, and maybe crayons and a colouring book for the older children, bought at Theaker's newsagents. The expensive gifts we give these days would only come along in the far distant future.

Having visited friends and relatives in the village, followed by a short walk to make room for sandwiches and Christmas cake at teatime, the day might be rounded off as the family spent the evening playing parlour games, having lit the fire in the 'best room' - charades, lotto, ludo, 20 questions, or even singing around the piano if one was available. Festoons of coloured paper chains made by the children brightened the often utilitarian rooms.

Christmas over, the folk of Totley could look forward to a New Year gathering - a ham tea followed by a concert was an annual fixture in the Church calendar.

Eventually the building of the Laverdene estate, the coming of electricity and better transport would mean that by the 1930s Totley's village status was changing. As it was absorbed into Sheffield's boundary it became a suburb. More and more housing meant the population was steadily growing; times were changing and the pattern of Christmas Day celebrations would change too. World War 2 and the following decade of austerity probably slowed sudden changes, but gradually fridges/freezers, telephones, cars, TV, a more secular society and even central heating all played their part in how we now spend Christmas Day. In the 1920's, who would willingly want to spend half the day in their (freezing) bedroom playing with their presents! Times change!

However, a century later, remnants of the family traditions begun in those early decades can probably still be found somewhere in Totley.

Pauline Burnett

Dore Gilbert & Sullivan Society

In mid October we gave a splendid concert in Bolsover. It was a full programme of Gilbert and Sullivan music, including some lesser known but beautiful pieces from such as *Ivanhoe* which Sullivan wrote in collaboration with Julian Sturgis and not W. S. Gilbert, and The Emerald Isle which he wrote with Basil Hood. One piece we sang from it, "Come away cries the Fairy voice" is said to be the last piece Sullivan wrote. That song is gorgeous. He died before he finished the operetta and the powers that be drafted in Edward German (who wrote Merrie *England* and *Tom Jones*) to finish the work. Sullivan was very clever at writing double choruses where the ladies sing one melody on their own, the gentlemen sing a different melody on their own then the two combine singing their own tunes together where they fit together perfectly. They are always a joy to sing and they included at least one in most operettas, a couple were included in the concert programme. We had to work hard to learn the unfamiliar numbers but it was worth it.

The evening was such a success that our host at Bolsover Assembly Hall invited us back next year. Martin Yates, our musical director, worked wonders with us to get the music just right. We are extremely lucky to have Martin. He is Chairman of The Sir Arthur Sullivan Society and a renowned authority on the operettas.

In December we have our usual Christmas concert at Dore Methodist Church. It will be at 2.30pm on Saturday December 17th. You can get tickets by phone on 07565 805405 or online from https://doregass.weebly.com/tickets.html, or by email at dore_bookings@mail.com or by post from Tim Bates, 8 Canalside, Renishaw S21 3UY (please enclose an S.A.E). Isn't life complicated now! Me, I'd just sent an email or phone. If you need further information you can phone me as usual on 0114 236 2299.

Finally, we had a lovely time in Iceland with Richard and Jenny McKeown. It is an extraordinary country with some spectacular and surprising sights. It's mostly a very extensive lava field



with lumpy mountains, no hedges and very few trees none of which are big. The waterfalls and the geyser were fantastic but quite scary in the power they demonstrated. We had a good view of the Aurora Borealis (above) and saw the brightest shooting star I have ever seen. As the border control man said at the airport as we left "It's different isn't it?" It most certainly is.

 $\mathsf{Don}'\mathsf{t}$ forget the Christmas concert and have a lovely Christmas and New Year.

Derek Habberjam

Totley Show 2022

Totley Show stormed back to life in September, with refreshments, live music and local charity stalls. The day started with light rain but that did not put people off coming with their entries to the Show. There were a record number of entries - 460 - which was nearly a hundred up on last year. It was great to see how many of those were from children, 141. We are indebted to the two local schools, Totley Primary and Totley All Saints, who promoted the Show in their schools.

Fortunately we decided to continue last year's theme of spreading the entries over two rooms, having the children's entries in the dining room. We had allocated 16 tables for their entries, but had to increase that to 20 with the high number of exhibits. This then left us short of tables but with the close relationship we have with the church next door we were able to borrow some tables from them.

We did not get everything right: we decided to use a marquee for the local charities and although we used a larger marquee than we previously had, it was still not big enough and we will need to revise the plan for next year.

The weather then brightened up and we were again blessed with very high numbers visiting the Show in the afternoon. We ran out of programmes and despite printing off some more very quickly they ran out as well!



Best in Class: Fresh Produce

The two rooms of exhibits were buzzing with people walking round and enjoying the live entertainment from the Seven Hills Quintet and the Tuneless Choir.

There were two raffles this year, the main raffle with donations from local businesses, and the children's raffle. We are always grateful for items from businesses. The Children's raffle was a stunning huge Teddy Bear made from balloons by a local resident who has recently moved here from overseas. The Teddy bear generated enormous interest from the children. He is planning to perform at local children's parties. The two raffles raised nearly £500 this year, a record over the last 10 years.

We are always grateful to the local sponsors - Hamnett Wealth Management, All Saints Church, the Cross Scythes, Omega at Abbeydale, Totley Rise Methodist Church and Staves Estate Agents. Staves are a new sponsor this year and put up 15 signs around Totley promoting the Show for us.

The Show is primarily aimed as a community event, for local people to exhibit their talents. However we also plan to make a surplus to be donated to local charities. This year with the surplus we are donating £150 to Totley Primary School Funds, £275 to Transport 17 and £275 to The Totley Scout hut refurbishment fund.

As always I would like to thank everyone who helped to make the Show happen not just over the weekend but in the preparation over the 9 months prior to the Show. That includes the judges, the scouts who help on the Friday night, volunteers and most important of all the committee. We had a new auctioneer this year and I would like to thank him for standing in at short notice! We are always looking for feedback for the Show and if anyone has any ideas for any changes to the classes please email me at the address below. We have an experienced committee but are always looking for new younger blood to join us - again, please email me at the address below.

Next year the Show will be a week later on Saturday 16 September 2023, so make a note in your diary.

Mick Warwick, Totley Show Chair totleyshowchair@hotmail.com

Totley War Memorial

Sunday November 13 2022



Photo: Ross Heald





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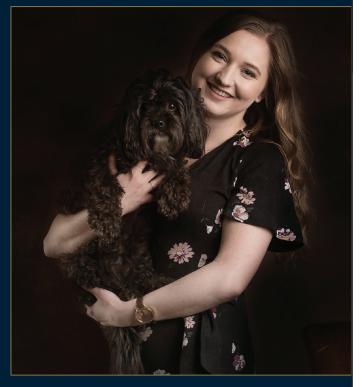
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- Foreign body removals

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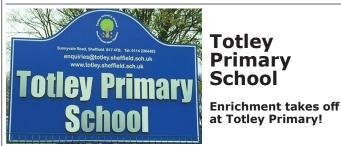
Diary for December 2022 to January 2023

Monday 5 December, 7.30pm. An illustrated talk by Professor Ian Rotherham about the history, wildlife and mythology of Christmas, including the associated pagan celebrations of the winter solstice. There will be a £1 charge for members, £3 for non members. Festive fare including mulled wine and mince pies will be available as well as teas and coffees. **PLEASE RESERVE A PLACE AS NUMBERS WILL BE LIMITED BY EMAILING THE SECRETARY AT fogwsecretary@gmail.com**

Practical Conservation Sessions These are held monthly all year, either at weekends or midweek. Dates are advertised on the website, or contact the Secretary to join the mailing list. Our next sessions will be Wednesday 14 December and Sunday 15 January 2023, times and meeting place to be confirmed.

FOGW works very closely with Sheffield Council Woodlands department and is open to anyone who would like to join in. Everyone needs to provide their own gloves along with suitable clothes and footwear. Everything we do supplements the work carried out by the Council's woodlands team but our contribution means much more can be done to improve the wood for its flora, fauna and visitors. Typical activities are coppicing, fencing and walling, tree and undergrowth management, path repair and drain clearance and all sorts of miscellaneous jobs.

Andy Brewster, FOGW Secretary, fogwsecretary@gmail. com



One of the highlights of the school year so far has been the launch of our Enrichment Programme. On alternating Friday afternoons, children have access to a broad range of experiences which complement the rest of our curriculum.

The purpose of the Enrichment initiative is intrinsically linked to our school vision of 'nourishing our children to flourish in the world,' in that we are passionate about giving every child a rich diet of opportunities to help them fulfil their full potential and to develop personally in many diverse aspects of life. Every year, each child will experience three Enrichment clubs for free and within the school day.

An important aspect of Enrichment is about encouraging children to try new things they wouldn't otherwise get involved in, not just a narrow selection of what they already enjoy.

Staff from across school run the clubs, which helps children to build strong and positive relationships with a wider range of adults and work with a greater mix of children.

The wealth of clubs which staff have been able to offer has been impressive, ranging from ceramics, upcycling, Chinese and musical theatre to small animal care, mini-medics, debating and run a marathon!

As you might expect, the introduction of our Enrichment Programme has created a fabulous buzz around school as children have got their teeth into something which, in many cases, they haven't done before. If children are not in their Enrichment club, they participate in Celebration Assembly. All in all, it's a great end to the week!

Ben Paxman, Head Teacher

Beatlemania in Totley!

The music of the Beatles was celebrated at a special concert at Totley Library this October. It turned out to be the perfect antidote to a damp and drizzly night. All tickets were sold and it was a shame to have to turn people away.

Based in Dore, Cellar V (pictured below) opened the show with a fine selection of songs, some written by the Beatles and others being rock classics they recorded.



Cellar V set the scene for Totley celebrities Sally Goldsmith and Rony Robinson (below), who tested Beatle knowledge and made everyone laugh with their audience participation quiz. The audience included Beatles aficionados who seemed to know every note, beat and word!



Then local Totley band Redback played a stonking set of Beatles songs selected from across the whole range of their LPs. The audience filled the dance space and the evening finished with Cellar V and Redback joining forces to deliver raucous versions of 'With a little help from my friends' and 'All you need is love'.



The evening raised funds for Totley Library, and a splendid time was had by all!

Totley Open Gardens 2022

On 1st October, the Totley Open Gardeners met for our biannual social. We shared a lovely evening of food and friendship but most importantly, we were able to hand out money that we raised this year to the local organisations that we support.

This year, the twelve gardens that opened raised a magnificent total of almost £3800 from programme, plant, food and drink sales. Nearly 300 people visited, despite the second afternoon being incredibly hot. We are grateful to all those who attended.



Left: Sue Bridgens (Totley Scouts) being presented with a cheque by Gillian Woolley; Right: Ray Stables presents a cheque for Totley Library to Julie Kitlowski (Chair of CRIC Trustees)

The money raised is vital to groups who have received it. Cherry Tree support, Transport 17, Totley Scouts, Totley Library and the United Reformed Church Beaver group were recipients this year. We love sharing our gardens with those who visit. Many go home with ideas for their own gardens, a plant or two and a pot of homemade jam!





Left: Steve Bate presents a cheque to Jackie Moore (Cherry Tree Support); Right: Liz Croft (Transport 17) receives a cheque from Avril Holme

If any of you reading this love to garden and would like to share your garden, then we would be delighted to have some new gardens or allotments. Your garden doesn't have to be perfect - works in progress are allowed! If you would like to join a friendly bunch of enthusiastic gardeners in raising a decent amount of money for local great causes, then please contact Jennie Street jennie@hadish.f9.co.uk.

Otherwise, we look forward to seeing you at Totley Open Gardens on the 1st and 2nd July 2023!

Avril Holme



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All Saints Church

Many a Christmas we have heard "Oh the weather outside is frightful!" sung on the radio and even as I write this I'm aware that for many this Christmas that line might take on a new meaning. I wonder how you're feeling about Christmas this year? Maybe it is a beacon of light in an otherwise dark time, the lights are already up and you're giddier than the Y1's in the local primary schools? For others though perhaps it feels like one more thing - another drain on the resources at a time of great strain, maybe for you Christmas will never be the same because of what has happened to you or those no longer with you. Whatever this Christmas brings, as a church we want to be here with you and for you.

Of course, Christmas itself is the story of the God who knows what it is to be born into poverty. Exchanging the throne room of heaven for the feeding trough of an animal, and yet in that, (probably chilly) place of poverty was hope that brought joy not just to Mary, Joseph, and the Shepherds but to countless human lives ever since.

This Christmas, we have a number of different events going on at church. They're detailed in the flyer below but I wanted to emphasise that these are not just for those already giddy about Christmas. Indeed the hope of Christmas shines all the brighter when the world feels dark. So come along, and discover hope in the baby of Bethlehem.

Alongside our Christmas events, we're also looking into how we can offer warm spaces in conjunction with the library - by the time this is published we hope to have details of that on our website and social media.

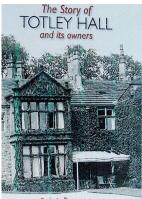
Rev. Ben Tanner, Vicar



Happy Birthday Totley Hall!

Over a number of years I have been researching the history of Totley Hall – the Big House in the Village – for my own pleasure and interest. During Lockdown I began, with the help of my husband, to write up its story on wet days to keep our minds active. I came to realize that our local Hall, built in 1623, was nearing its 400th birthday, and that maybe the time was right to share my findings with others interested in our local history by putting the story into print.

Totley Hall has played a number of roles during its lifetime as a farmhouse, Manor House, sporting lodge, office, retirement



home, village hub and College. Its owners have included a High Sheriff, a Lead Mine Owner and an eccentric Gentleman, but – who was the founder of Dronfield Market? Which owner was a thief and embezzler? And which owner scandalized the village?

Find out in this illustrated booklet, published with the support of Totley History Group, and with profits going to Transport 17. It is available from Totley Library, Transport 17, and Carl at 'Shoe Repairs' on Totley Rise.

By Josie Dunsmore

Dore Garden Club

Did you know there's a thriving garden club near you? Dore Garden Club's 2023 programme commences in March.

Josie Dunsmore

Dore Garden Club meets on the third Wednesday of the month in the Dore Methodist Church Hall. There is parking on adjacent roads and a car park at the back of the hall, along a narrow approach to the left of the hall. Doors open at 7.10 pm for a 7.30 start. Membership fees are £18, which cover all 8 events. Payment by cheque is preferred, made out to Dore Garden Club. Alternatively visitors are always welcome and entrance is only £4 payable at the door.



One of the perks of full membership is 10% off all products at Dore Moor Nursery on production of a 2023 membership. Once again we are very grateful to the team at Dore Moor for continuing to provide this special discount to us.

Jean Dykes, our Programme Co-ordinator, has done a great job putting together a varied programme of guest speakers beginning in March 2023. Our speakers give beautifully illustrated talks and demonstrations and sometimes they bring a selection of plants and or bulbs for sale.

Look out for details of our monthly talks in the 'Diary' section of *Totley Independent*.

Delivery Volunteers wanted!

Inevitably, over time, some members of our 25-strong team of magazine delivery volunters need to drop out for various reasons, or we need to augment teams on some longer rounds. We need one or two more volunteers, specifically to take on one of these two delivery rounds:

1. The lower half of Sunnyvale Road (about 45 houses)

2. Milldale Road and Mill Lane (about 36 houses)

If you can deliver the *Totley Independent* to one of these rounds every two months, please contact the editor on 07956 858944. *Phil Harris*

THE 36th TOTLEY SHOW RESULTS September 2022

Overall Best in Show: Sue Bridgens for 'Sewn Garment' in the Handicraft Section

TANDICKAI IS. Dest III class. Sally Measures			
	FIRST	SECOND	THIRD
1. Knitted or Crocheted Item	Rose Rotherham	Susan Ashmore	Sue Bridgens
2. Decorative Cushion	Sue Bridgens	Susan Ashmore	Pamela Challis
3. Soft Toy	Judy Needham	Pamela Challis	Susan Ashmore
4. Sewn garment	Sue Bridgens	=	=
5. Cross Stitch	Wendy Oxley	Claire Rose	Pamela Challis
6. Quilting/Patchwork	Pamela Challis	Claire Rose	Sue Bridgens
7. Greetings Card	Mary Andrews	Pamela Challis	David Jones
8. Open Handicraft any medium	Sally Measures	Rose Rotherham	Pamela Challis

HANDICRAFTS: Best in Class: Sally Measures

DOMESTIC SECTION: Best in Class: Mell Camateras

	FIRST	SECOND	THIRD
9. A Cake (any recipe)	Pamela Challis	Sandra Doyle	Louise Duncan
10. Victoria Sandwich	Elliott Chaim	Mary Andrews	Sue Bridgens
11. Dundee Cake	Claire Rose	-	-
12. Carrot Cake	Sandra Doyle	-	-
13. Free From (any recipe)	ipe) Sandra Doyle -		-
14. 3 Fruit Scones	Jayne Mills	Dorothy Firth	Duncan Froggatt
15. Loaf of Bread	Mell Camateras	-	-
16. Jam	Rebekah Newman	Connie Froggatt	Duncan Froggatt
17. Lemon Curd	Sharron Goldie -		-
18. Marmalade	Jennie Street Simon Gray Jayne Mills		Jayne Mills
19. Chutney	hutney Sharron Goldie Karen Bell Duncan Frogg		Duncan Froggatt

FLORAL SECTION: Best in Class: Pamela Challis

	FIRST	SECOND	THIRD
20. Floral Arrangement	Pamela Challis	-	-
21. 3 Cut Home Grown Flowers	Harriet Deeks	Karen Bell	John Bailey
22. Flowering Pot Plant	Mary Andrews	Duncan Froggatt	Pamela Challis

FRESH PRODUCE: Best in Class: Karen Bell

	FIRST	SECOND	THIRD
23. 4 Eating Apples	Harriet Deeks	Karen Bell	Jayne Mills
24. 4 Cooking Apples	The White Family	Emma Jones	Karen Bell
25. 8 Blackberries	Karen Bell	Molly Watson-Locke	Harriet Deeks
26. 5 or more Mixed Vegetables/Salad	Karen Bell	Christine Brammer	Jennie Street
27. 3 Courgettes	Ian Bell	Laura Taylor	Christine Brammer
28. 5 Matching Runner Beans	Catherine Wrigglesworth	-	_
29. 5 Tomatoes - Large	Trevor Coy	Ian Bell	Chris Goldie
29. 5 Tomatoes - Cherry	Keith Hartley	Mary Andrews	Trevor Coy
30. 1 Cucumber	Ian Bell	Mary Andrews	Keith Hartley
31. Heaviest Marrow	John Bailey	Mary Fearn	John Bailey
32. Longest Runner Bean	Ian Bell	Jennie Street	Andrew Hogan
33. 3 Eggs from Own Hens	Jennie Street	The White Family	Hannah Corbey

ART: Best in Class: Tina Warwick

	FIRST	SECOND	THIRD
34. An Original Poem	Michael Rushforth	Hazel Deeks	Mark Bailey
35. Oil or Acrylic Painting	Madeline Milnes	Jean Walker	Jillian Round
36. Watercolour	Tina Warwick	Ting Tao	Jean Walker
37. Sketch in Ink or Pencil	Dave Atrill	Sally Goldsmith	Hannah Corbey
38. Upcycled Art or			
Sculpture	Martin Challis	Trevor Coy	Amy Lee
39. Open Art any medium	Amy Lee	Sally Measures	Valeria Wrigglesworth
40. Open Sculpture any			
medium	Ray Sables	Hannah Corbey	Ray Sables

PHOTOGRAPHY: Best in Class: Tom Wrigglesworth

	FIRST	SECOND	THIRD
41. Black and white	Jon Pemberton	Angela Harpham	Simon Walkden
42. Portrait	Tom Wrigglesworth	Tom Wrigglesworth	Jon Pemberton
43. Animal – Domestic or			
Wild	Nicola Aldgate	Simon Walkden	Malcolm Jackson
44. Landscape	Simon Walkden	Simon Walkden	Simon Deeks

WOODWORK: Best in Class: Stuart Barton

45. Wood Turning	Stuart Barton	Stuart Barton	Andrew Rose
46. Open Woodwork	Martin Harpham	-	-

CHILDREN'S SECTION: Best in Class: up to 8 – Phainos Shing Hei Ho CHILDREN'S SECTION: Best in Class: Age 8 – 14 – Felix Chen

CHIEDREN 5 SECTION.			
47. Vegetable Animal (up			
to 8)	Beatrice Barnes	Jacob Bailey	Elliott Limb
48. Vegetable Animal (9			
to 14)	Naomi Fearnehough	Ciara Bell	-
49. 3 Decorative Buns			
(up to 8)	Felicity Abdullah	Elliott Limb	Ada Murphy
50. A Cake any recipe			
(9 to 14)	Naomi Fearnehough	Lola Forrest – Joint 1st	-
51. 3 Biscuits (up to 8)	Elliott Limb	Kai Abdullah	Sophie Wint
52. 3 Biscuits (9 to 14)	Ruby Duncan	-	-
53. Decorated Gingerbread			
Man	Robyn Dunk	Daniel Pocock	Daniel Pocock
54. Egg Cup			
Flower			
arrangement	Elliott Limb	Zoe Wade	Tilly Hobson
55. Painting or Drawing (up			
to 5)	Elliott Limb	Fenella Dunn	Penny Watts
56. Painting or Drawing			
(6 to 8)	Phainos Shing Hei Ho	Ada Murphy	Ava Cheshire
57. Painting or Drawing			
(9 to11)	Zoe Wade	Kerry Chen	Charlotte Davies
58. Painting or Drawing			
(12 to14)	Felix Chen	Jess Camateras	Stanley Coe
59. Lego Model <25 cm			
sq (5 to 8)	Jacob Bailey	Ezra Dunn	Penny Watts
60. Lego Model <25 cm			
sq (9 to 14)	Stanley Coe	Naomi Fearnehough	Isabel Cunliffe
61. Colour Photo (up to			
14)	Jemimah Deakin	Jess Camateras	Jess Camateras
62 Open Any Medium			
(up to 8)			
(up to 8)	Phainos Shing Hei Ho	Bethany Tanner	Naomi Smith
63 Open Any Medium			
(9 to 11)			
	Victoria Lee	Amelia Oates	Zoe Wade
64 Open Any Medium			
(12 to 14)	Liam Oates	_	_
65. Handwriting (up			
to 8)	Alice Evans	Ethan Bell	Freddie Bond
66. Handwriting (9 to 11	Zoe Wade	Ciara Bell	Jacob Evans
67. Handwriting (12 to 14)	-	-	-
68. An Original Poem	Elliott Edwards	Ciara Bell	Charlotte Davies
			Charlotte Davies

We thank the 157 exhibitors who entered 460 entries for all to see.



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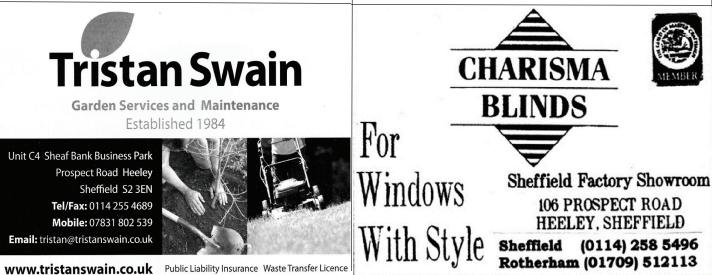
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The End of the Bradway Bugle...

November saw the publication of what will probably be the last issue of the Bradway Bugle magazine. Despite the best efforts of the editor, John Baker, to find a successor to take over the editorship, this quest has - so far - proved fruitless. Below we reproduce, with John's permission, from the final issue, his reflections on the magazine.

The Bugle story

The *Bugle* began life in February 1998 as a 12-page A4 black and white magazine on green mat paper. Its free circulation covered Bradway proper, only being extended to parts of Greenhill a little later. Its shape and content was influenced by that of the then *Dore to Door*, which is not surprising as the two publications shared the same editor.

It was the editor's realisation on his retirement from work that Bradway lacked a certain spirit of community, which led to the launch of the *Bugle*.



The first 'Bradway Bugle', February 1998

Initial costs were borne by the editor and a handful of existing local community groups and far-sighted advertisers. The first copies were delivered largely by the editor and his wife (also a long suffering proof reader), but local residents soon came forward to help. Six years later Bradway Action Group was formed and eventually their members took over the doorstep delivery.

Before long the magazine covered its costs through advertising but strictly on a cost recovery basis, keeping advertising to the necessary minimum. More pages were added and then colour, always keeping a degree of editorial independence and a unique mix of local news and distinctive content.

And so to the present day. Over the past 25 years much in society has changed. People now have less time to give to community activities, leaving many organisations short of committee members and helpers. The growth of social media has changed how people communicate and added a constant sense of urgency to life.

In the publishing world the printed media are in decline, although book purchases are ironically currently going up. Finally I am not getting any younger.

So perhaps this is an appropriate time after all for the *Bugle* to come to a natural end. Maybe it will be revived at some future date or perhaps come back in an electronic form, who knows.

As for me, I have thoroughly enjoyed the quarterly production challenge, the chance to meet and talk to so many people, and perhaps, just perhaps, the chance to influence the wider community in some small way.

John Baker, Editor (now retired!)



Why not give us a try? We are a friendly group looking to welcome singers who enjoy a wide range of music.

Come and join us at any of our meetings We meet together at <u>7.15pm on Fridays</u> Millhouses Methodist Church, Millhouses Lane,

S7 2HA

You are also welcome to the Church Carol Service on Friday 16th December at 7.30pm



For further information, check out our website www.johnwadesingers.org

Or telephone Jenny on (0114) 236 0798

Totley History Group presents The Civil War in South Yorkshire

Catherine V

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Christmas at Longshaw

With its ancient woods and tumbling streams, Longshaw is a countryside haven on Sheffield's doorstep; a wonderful place to wander and discover spectacular views of the Peak District. The woods, moorlands and parklands are a place where impressive red deer roam, rare species of fungi thrive, and hay meadows are awash with wildflowers.

The team of National Trust rangers work hard year-round to protect this special landscape and encourage wildlife and nature to flourish. And at this time of year, they add another string to their bow by selling Christmas trees to raise funds for their vital work.

"We like to say a tree from Longshaw is not just for Christmas; as well as decorating your home for the festive season, a Christmas tree from Longshaw will also help look after the landscape and wildlife of the Peak District all year round," says Ranger Mark Bull. "All the money we raise through selling Christmas trees at Longshaw is put towards the conservation work we do, from erecting bird boxes in Padley Wood for declining bird species to restoring blanket bog in the High Peak to help tackle climate change."

The bird boxes the rangers have put up so far have provided a home to 276 pied flycatcher chicks, 16 kestrel chicks, 10 barn owl chicks and three tawny owl chicks. Work will continue this winter to clean out and repair or replace these boxes and ensure there are natural sites in woodlands at Longshaw for these bird populations to continue to increase.

Longshaw has been selling Christmas trees for nearly 50 years. "Children who used to come along with their grandparents are now bringing their own children, which is amazing to see," said Mark. "The trees are all British grown, all premium grade and all non-needle drop. Some are home grown here at Longshaw too. We have five different types from 2ft to 14ft in size. Norway spruce is the traditional Christmas tree, and Nordmann fir is our best-selling variety. We also have blue spruce, which is a really nice colour, the long-needled lodgepole pine, and Fraser fir, which has that fantastic Christmas scent."



Chris Morgan from Bradway has been volunteering with the Longshaw Christmas tree sales since 2010: "We got a lot of snow that first year. It was cold and I did a lot of digging to get as many cars as possible into the car park and to reveal the trees. After 40 years in warm offices it was a change, but I loved it. I made friends with regular customers who've been coming each year for decades, some of whom I've met every year since. I've helped deliver massive trees to large houses, pubs and churches and learned how best to look after the different types of trees we sell. Sales are getting earlier each year. I'll buy my own as soon as we open and keep it outside in a bucket of water until early December. That way it will still be good on the twelfth night. I'm looking forward to seeing all the happy young and old faces and sharing memories of Christmas trees past!"

Next year, money raised from Christmas tree sales will also go towards restoring wood pasture at Longshaw, enabling the rangers to plant more native trees such as rowan, oak, holly and hawthorn to provide more food and a better habitat for wildlife. They'll also be planting individual trees across the estate that will grow as features in the landscape for many years to come.

On the limestone plateau above Stoney Middleton, flower seeds will be introduced across some of the fields to increase the number of species. The rangers will spread heather seed and plant bilberry where the soils are acidic, which will eventually produce a mosaic of habitats across the plateau area, with plenty of food for birds and insects.

Festive Fun

As well as Christmas trees, there's a host of other activities coming up at Longshaw, making it the perfect place to come together for festive family fun.

Dru Lewis from Dore has volunteered at Longshaw for 15 years, welcoming visitors to the site: "There's always lots of exciting things going on at Longshaw during Christmas. Buying your Christmas tree (then trying to get it into the car!), the wreath-making workshops and Christmas crafts. There is a great family atmosphere at the Breakfast with Father Christmas event, and I love the collective festive feeling - all the staff, volunteers and visitors are excited for Christmas."

Families will be pleased to know that Father Christmas has made time in his busy December schedule to visit the Peak District – you can come and meet him at our much-loved event Breakfast with Father Christmas at the Longshaw café. There'll also be festive family craft sessions where children can make a Christmas decoration using natural materials gathered from Longshaw, and a free reindeer trail.

Wreath-making

In this workshop, visitors can create a traditional handmade wreath from natural materials. A beautiful-looking wreath can be produces with ivy, holly, fir and pinecones gathered from Longshaw and the surrounding area.

Walks

Longshaw is known for being excellent walking country and with the trees bare of leaves, winter is a wonderful time to take advantage of the amazing far-reaching views in the area. Meet up with family or friends, or take some time to yourself, for a rejuvenating walk in the crisp air of the Peaks.



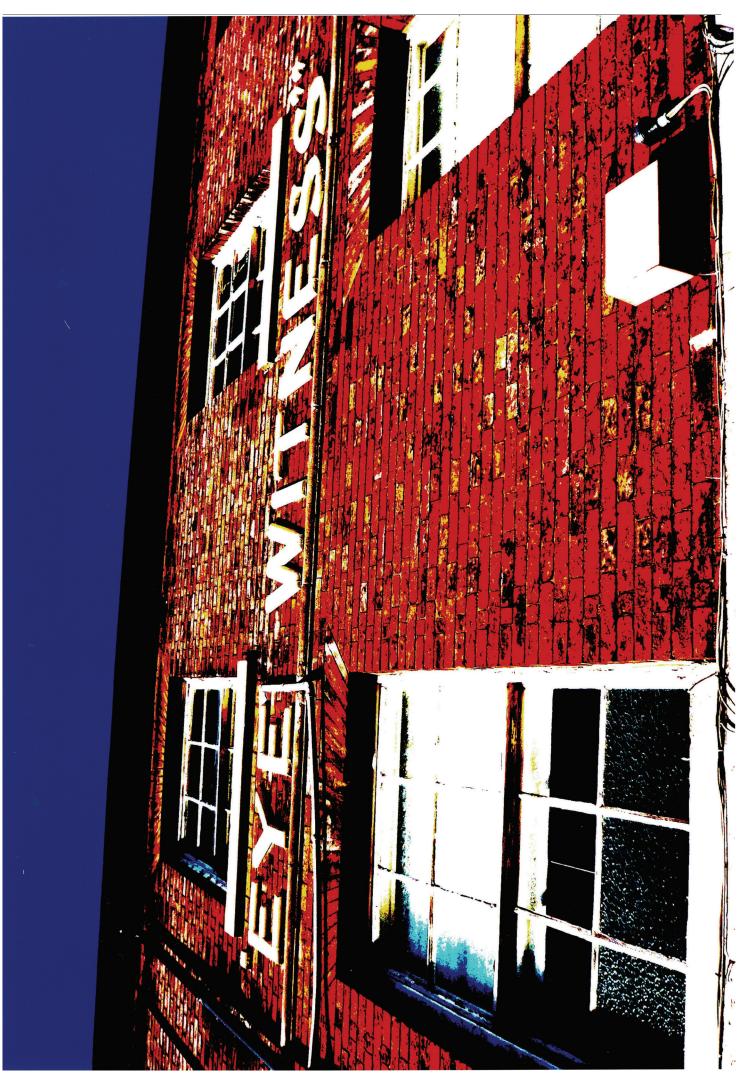
Winter at Longshaw

Café

Our café is open every day serving seasonal warm lunches and hot drinks – sit inside with far-reaching views across to Millstone Edge and Higger Tor, or grab a take-away coffee to accompany you on your wander round the estate.

Please note that some activities are very popular and need to be booked in advance. Visit nationaltrust.org.uk for more information and to book your place.

Christmas tree sales are open every day, 9.30am – 4pm at Longshaw Estate.



Images of Sheffield

10. Eye Witness

I heart Sheffield, as the bags and associated T-shirts say. I love its many quirks and foibles and the way true Sheffielders always seem to approach you with that 'ya mam lives just down the road from us an' ya dad works with mi 'usband' kind of familiarity. I just wonder how many more generations of this we have left. Over recent years Sheffield has undergone so many changes prettifying itself for the world. Stone and brick have gradually been replaced by stone and brick cladding and plastic coated steel. Acknowledgment of what Sheffield once was is seemingly now the preserve of public art. For how much longer I don't know, there are still some buildings that proclaim the pride of our manufacturing past, the place where ya dad worked with 'er 'usband. They're built of brick, have small windows, are probably 'not fit for purpose' and the people who worked there made some of the best steel items in the world. So as far as I'm concerned it's 'ello Mrs Jones, how's your Bert's lumbago' all the way for me.

Photo and text: Simon Deeks



Would you believe it? We're more than half way through the first term already! So many exciting things have happened and time has flown by at Totley All Saints School!

Olivia Blake MP was invited to visit by a group of Y6 girls who are passionate environmental activists who had a great Q and A with her and got an insight into what it's like to be an MP.

Our children have elected their representatives as Merit Captains, School councillors and Global Neighbours representatives and they are all really keen to make a difference to our school.

If you ring the school on a Thursday or Friday lunchtime, you may be assisted by one of our excellent Merit Captains.

The School Council has been really busy. They surveyed their classmates to find out what are the Top Ten things children like best about Totley All Saints School; decided on the choices for the Merit Treat; had a great Q and A with our MP Olivia Blake and planned how we can raise money for Children in Need!

The Global Neighbours Team asked the PTA to provide them with more litter pickers and organized a rota to keep our school litter free; they promoted the 'Big Battery Hunt' to recycle batteries and Operation Christmas Child to provide a gift box at Christmas for children who are less fortunate, and presented an assembly to the whole school on homelessness to mark World Habitat Day.



TASS Harvest Celebrations

We were really pleased to be able to have our Harvest Celebration in All Saints Church again. We enjoyed songs and readings from the children and collected for The Archer Project which supports the homeless. We'll be visiting the church again in December for an Infants' Christingle service and a Junior Carol Service.

TASS PTA Fun-d Raisers

Our wonderful PTA Fun-d raisers have been very active organising a wonderful family breakfast and have dates in place for a Christmas Fayre and a pantomime for the children.

Active children!

The Cross Country Club having had a great turn out for weekend races, Y6 took part in an Athletic meeting at the EIS and we had girls' and boys' teams from Y6 and Y5 taking part in a local cup competition. Other children are keeping active at our multi-sports, dance and activity after school clubs.

We also have an Art Club and in the new year hope to have a Spanish Club and a KS1 drama group as well as a coding club later in the year.

Enrichment

We have had a host of visitors and trips to enhance learning this term: Florence Nightingale visited Y2 (see picture below); Zoolab brought some unusual creatures into Y1; Y3 timeslipped into the Stone Age, Y5 had an amazing engineering



day and Y4 had a great day at Western Park Museum. We're expecting an invasion by the Greeks in Y5, and Y6 will be having an evacuee experience at Kelham Island museum.

If you would like to find out more about our lovely school, then please visit our website or email us at enquiries@tas. dsat.education. We'll be so happy to talk to you!

Mo Andrews and Trudi Brown, Proud Headteachers



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Look out for our daily special meals or join us for breakfast. All available to take away.



Walking Blues

HEAD EATER	I am the Head Eater of the 419th edition of
ALL TOTLEY HEAD EATER	the <i>Totley Independent</i> . Go boil your head, Head Eater! I will. But first, do you remember my 418th edition? When I revealed, to all Totley, the name of the newest Totley greyhound?
ALL TOTLEY	He's Blue!
BLUE	Yes I am Blue! Even if I am a grey hound
	who is black with a little bit of white.
ALL TOTLEY	Good Blue! You good dog you!
BLUE	When I raced at Owlerton Stadium, I
	always raced as Always a Blue.
ERIC, A UNITE	D FAN Always a Blade would be better?
LOCAL HISTOR	RIAN 1 Interestingly enough, 'blue' is the
	traditional colour of the 'Owls' football
	team. But the 'Owls' themselves were
	originally known as the 'Blades.' Their
	few supporters think they are 'Owls'
	because they play at Owlerton. RIAN 2 Owlerton is called Owlerton after
LUCAL HISTOR	the 'ollers' or alder trees. But in fact the
	'Owls' play at Hillsborough and— RIAN 3 Owlerton is where Always a Blue
LOCAL IIISTOR	raced before he was Blue. Whereas —
HEAD EATER	Please make this article more about Totley
	and less about the rough side of of town.
BLUE	And if I could just get a wuff in here? This
DECE	is supposed to be my walk!
RONY	And this is supposed to be my drawing of
	you, Blue. I'm not exactly Brian Edwards
	but I am trying.
BLUE	Very trying.
	, , , ,



DONV	Hove I told you my new strategy for
RONY	Have I told you my new strategy for
	interrupting the courting couples in
	Gilly Woods, Blue?
BLUE	No.
RONY	I'll tell them about all the races you ran at
	Owlerton, right until February 26th this
	year. And how you won ten times. And -
BLUE	How do you know so much about me?
RONY	Because I Doggled you.
HEAD EATER	No more unpunny punning, please!
RONY	I also watched Dogglebox. It features a big
	dog called Dave, but he is not as long as
	you, Blue.
BLUE	Thank you. But did you know that we
BLUE	
	greyhounds are so clever, that we can tell
	when a woman is pregnant?
RONY	I'll hire you out -you'll be cheaper than a
	pregnancy test.
BLUE	Thank you. And did you also know that
	greyhounds are the only animal to
	be named by name in all
	the Bible? (Proverbs 30).
VICAR	Even I didn't know that. But has anyone
	seen my dog collar?
RONY	No, but don't get your vicar's knickers in a
	twist, Vicar.
BLUE	Do you also know there is only one dog

ion of	RONY VICAR	with a name in all Shakespeare? He is called — Crab! We do get crabs in Totley. Indeed? Then I should perhaps inform my sinners that a dog is like God backwards.
	TOTLEY'S WO	
Totley	VICAR	But perhaps before that Last Amen, we should hear this List I have borrowed for Lent.
und	RONY	Flossie, Willy and Dame Alicia, Old Ronksley eating ice cream Bert the Shirt, and Old Sam Smellor And Podge from number 13
ter?		Mrs M, Mrs Eye Mrs Pee Pee Why
the I		Nipper, Scrubber and Nobbie, Wuzzy, Woof and Dean Dickie, Spadge, Splodge and Rodge And Podge from number 13
er		Mrs M, Mrs Eye, Mrs Pee Pee Why
the ue - otley wn.		Princes and Kings from Mickley Lane, Old Ronksley eating ice cream The Co-Op milkman with a bill in your name And Podge from number 13
This g of	HEAD EATER HEAD EATER BLUE	And that's it folks! I'll go and boil my head then! I must be mad to have come to live in
irds	VICAR	Totley. You're all barking! A last amen to that!

by Rony, Maisie, Jack, Blue, Podge, Splodge, Sally, Old Ronksley, Wuzzie, Wuff and Wazzer.



Charity train rides and Christmas lights night Friday 9th December 5pm - 8pm

- Free entry
- Trains will be running, £2 per person per ride — all to be donated to
 St. Luke's.



- Refreshments will not be available
- Parking may not be available in field due to weather conditions



VERY IMPORTANT SAFETY NOTICE TO ALL PASSENGERS: Be aware that steam locomotives may emit sparks, ashes and oil which can result in injury or damage to clothing for which we cannot accept liability - please wear suitable clothing. Please read the Train Riding Rules at the Ticket Office before boarding the trains.

Friends of Dore & Totley Station

Jam tomorrow

Driving, walking or jogging along Abbeydale Road South at present you'll probably pass a cordoned-off station car park. If it's open this week it will be closed again in a few weeks time. We're finally getting to the point where we'll be seeing construction of the new second platform and footbridge with lifts.

All being well work should begin immediately after the New Year, though weather, strikes and supply of materials may delay this. Further work is proceeding alongside Abbeydale Industrial Hamlet, below Poynton Wood by West View Lane and between Bamford and Hathersage. If you cross the road by Tesco and walk a short distance up West View Lane you'll see that construction of a third track has begun. This is to allow long freight trains to wait between the Hope Valley and Midland main lines rather than obstructing traffic on either or both as they may now.

Some of the work that wasn't completed in July through the station may be progressed overnight and at weekends. Nearby residents are being advised in good time. Originally it was planned to have everything built and operational by early summer 2023. That may be delayed until early autumn but it's going to happen. When it does we may be able to make a case for more trains to stop at Dore & Totley. Much of that case may rest on demand for the ones we already have.

Car parking

For the last 20 years this has been a very delicate subject. As soon as the enlarged car park opened in 2013 it was apparent that on weekdays it wasn't big enough. Along came Covid. A business case for more parking had just been made based on 2019 passenger numbers. It's no longer valid as commuter numbers are below 50% of what they were.



Best come by bike rather than by car!

It's also complicated because the provision of free park and ride facilities is to encourage people to make use of trains. Since Covid it's clear that significant numbers of spaces aren't being used by those travelling by rail just on that day. Some are using nearby businesses. Some of the rail users are going to Manchester Airport on business or holiday and may park for a fortnight or more! One of the reasons the car park is currently closed for longer periods than may seem necessary is due to long stay car parking during the first period of car park closures. One long stay car was in imminent danger of being towed away as it was in the way of the work.

Once the construction work has been completed and the train operators are running their full timetabled services (and to time) we'll be able to revalidate our case with up to date statistics including all these factors.

In the first half of 2023 four Electric Vehicle (EV) charging points will become live. Charges for charging are currently unknown. It's all part of a big government push to encourage use of EVs. Observation around Dore, Totley and Bradway suggests that EV numbers are increasing but most users have charging points on their drives. Maybe electric taxi drivers might be encouraged to charge their vehicles between trips? A way to get a taxi rank.

Steam Specials

The Christmas White Rose is running from Wolverhampton

via Warrington to York on Saturday 17th December leaving Manchester Victoria at about 9.50. Detailed timings aren't yet available but it will be coming down the Hope Valley around 11.00. Check this link to find more; https://saphostrains. com/journey/the-christmas-white-rose-17-12-22

Industrial relations

We continue to see the effects of industrial action. The RMT called 3 days of strikes over 5 days, on a Thursday, Saturday and Monday but crews, signalmen and trains had all been rostered days in advance so services were potentially impacted over 7 days from Wednesday until the following Tuesday. When the strikes were called off the day before it wasn't possible to restore all services as new rosters of crews and rolling stock were needed and there wasn't time to replan everythng.

A new rostering agreement with ASLEF for Northern drivers staff may improve performance by big margins but we'll need to wait and see.

We're seeing regular knock-on effects following the expiry of a separate rest day working agreement at Transpennine Express. That has led to few of their trains operating on Sundays and short-notice cancellations on other days.

We have to hope that our new government has a magic formula to cure the variety of ills afflicting the railway. However in an inflationary age further strikes over pay are very likely to be threatened - and taken.

Now some good news

Our hourly stopping service becomes more regular from 12th December and stops at all stations up the Hope Valley to New Mills and on to Manchester. That will be at about 14 minutes past the hour from Sheffield, and 21 minutes past the hour from Dore going west for the Hope Valley and Manchester.

It will be about 48 minutes past the hour from Manchester, and roughly 58 minutes past each hour from Dore into Sheffield. As always, check times before travelling.

All TPE services will be running to and from Liverpool. It remains to be seen if the major changes to most services running through and around Manchester will improve overall reliability.

East Midlands are having difficulty obtaining more coaches handed down by other operators who in turn are waiting for brand new trains before they'll let them go.

Toilets?

We'll keep thoughts about them until 2023 and the 420th edition of the *Independent*. They're being considered.

In the meantime have a Happy Christmas, and maybe chance using our station and a train.

If you're a Facebook user, you can find and join us by searching for FoDaTS. It's a very active group and is updated frequently with topical information and comments. Alternatively look for our website at www.fodats.net If you're not on Facebook and would like more information please send an email to our Secretary; njbarnes@outlook.com

Chris Morgan, Chairman





Update from Olivia Blake MP

I hope this winter update finds you all well and that you are looking forward to the festive period. From speaking to people on the doorsteps, I know many are very worried about the rising cost of living this winter. My office is working hard to support people through this ongoing crisis, so if you are struggling to make ends meet please get in touch and we will do everything we can to

support you: olivia.blake.mp@parliament.uk.

I know buses are a vital lifeline in communities like ours. The unwillingness we've seen from both bus companies and from the Government to come to the table and discuss how they are going to stop the cuts, speaks volumes. I have written to bus company bosses criticising the changes and the lack of consultation and I held a public meeting with people in Sheffield Hallam to hear from residents and discuss what we can do. Thank you to everyone who attended the meeting. I will continue to campaign on this issue and ensure our city has a public transport network fit for the 21st century. If you would like to hear about future meetings please sign up to my monthly newsletter here: oliviablake.org. uk/sign-up-to-my-newsletter-2/

I also know many in our constituency share my deep concern about the burning continuing to take place on our precious peatlands. The Government is failing to protect our peatland and in doing so, are adding fuel to the fire of the climate emergency. As the government's own independent climate advisor suggests, we need a full ban on burning on peatland, a properly resourced regime for enforcing the law, and a serious strategy for restoring these habitats. I have been working with local and national campaigners to press the Government on this at every opportunity.

I have been a vocal opponent of fracking in Westminster and I am pleased to say that due to the hard work of campaigners in our city and communities across the country the Government has finally U-turned on their dangerous decision to re-start fracking. Fracking is dangerous and expensive and will do nothing to bring down energy bills; lifting the ban should never have been proposed in the first place.

At the time of writing the climate summit, COP27, is heading into its second week in Egypt. Ahead of the summit I held an online public meeting in Hallam for people to come and discuss our Hallam Climate Manifesto one year on and what action we need to see at the conference. It was a great event with lots of interesting discussion and ideas. I know people in our constituency are united in the view that if we are to prevent global climate disaster, deliver climate justice and put us back on a credible path to net-zero, this summit must be a turning point. World leaders must revisit climate plans, to close the gap between current commitments and what is needed. Commitments made last year at COP26 to "phase down" coal need to be strengthened and the UK Government must once and for all scrap plans for a new coal mine in Cumbria. Finally, climate reparations for loss and damage must now be a priority and climate finance, which has already fallen billions short, must be delivered in full. I also tabled a parliamentary motion calling on the Government to use the COP negotiations to raise the case of Alaa Abd El-Fattah, the British-Egyptian activist on hunger strike in prison in Egypt.

As Co-Chair of the All Party group on migration I have been speaking out about the dangerous conditions at Manston, a facility in Kent used for asylum processing. Manston is not fit for purpose; it must be closed, and while temporary and emergency accommodation should be found for residents, the focus must be on developing a long-term strategy for providing secure, safe housing for those claiming asylum in the UK. Priority must also be given to family reunification, the quickest and easiest way to take some people out of the system, and securing safe legal routes for people to claim aslyum in the UK. You can read more about my work as Co-Chair on my website.

If you would like to hear more about what I have been getting up to, you can sign up to my monthly newsletter on my website, and as always, please do get in touch if there are issues you would like me to speak about or campaigns I should join.

Olivia Blake - MP for Sheffield Hallam oliviablake.org.uk olivia.blake.mp@parliament.uk

Totley Rise Methodist Church

Welcoming Place

From the beginning of November, the church is open on Tuesday mornings from 10am to 12noon to provide a Welcoming Place for any who may want to find a warm space for a few hours and have some free tea/coffee and meet new people. The church welcomes anyone who may want to benefit from this welcoming place.

Listening Service

The church is also seeking to set up a listening service to try and combat problems around loneliness in our community, especially during winter months. This may work in tandem with Welcoming Place or provide opportunities for people to have someone listen to their needs and concerns in other ways. A team of volunteers are shortly to undertake a period of training and so further details will be available once the team is trained and the listening service is ready to be up and running. So watch this space.

Revd. Peter Edwards, Acting Chair, Totley Rise Methodist Church Council

Christmas and New Year Services

Christmas Day (Sunday 25 December) 10.30am Revd. Carla Quenet

New Year's Day (Sunday 1 January) 10.30am Service at Dore Methodist Church led by Revd. Peter Edwards

Christmas crafts on 20th December 10am -12pm in the welcoming places coffee morning.

Community Festival of Lessons and Carols on Sunday 18th December at 6pm. All welcome to come and join us

as we hear the Christmas story and sing some of our favourite carols. Coffee and mince pies will be served after the service.

Crib Service 24th December at 4pm for all the family, where the little ones can come and dress up and take part in the nativity.



Toddler Praise every Sunday morning at 9am for pan au chocolate and a hot drink followed by an interactive Bible story, singing and dancing.

Junior church at 10.30am alongside our main church service. Crafts, games and activities for 5-13 year old whilst exploring the bible.

Pushchair Club on Thursday mornings 10.30am - 12pm. Play, crafts, friends and fun for pre-schoolers and their careers. £1 voluntary contribution towards refreshments.

Focus Church

A special church for people with learning disabilities and cognitive difficulties. The service is a time for worship, creativity , fun and fellowship and an opportunity for carers to chill. Everybody is welcome!

The service is held on the 2nd Sunday of each month from 3.00 to 4.30pm. Next dates are December 11, January 8. February 12, and March 12.

If you are interested, please come along, or if you would like to know more please contact Sue or John Freeman on 0114 2366819 or email sueandjohn6@talktalk.net



Are you looking for a new hobby, to meet new friends, to experience the "buzz" of singing with like-minded people, to help deserving causes, perform in public and go on concert tours? If you can hold a tune why not apply for membership of

DORE MALE VOICE CHOIR

The choir provides 2 uniforms and all the music, currently at a cost of less than £2 per week.

If you are interested, and have sung before, or if you have never sung but would like to try, come along and meet us on our open night on Thursday 14 July. We meet every Thursday evening from 7.15 to 9.30pm. at The Christ Church Dore Community Centre, Townhead Rd, Dore, Sheffield S17 3GA.

Contact David Heslop Chairman Tele: 0114 236 5043, or Peter Babb Secretary Tele: 0114 236 0062 to confirm your attendance or contact us any time to suit you.

Visit our website for more information www.doremalevoicechoir.com

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Councillors' News

Construction of the Whirlowbrook café is finally underway. We have been reporting on this in previous editions and are pleased that for next year there will be a place to sit, have a coffee and admire this gem of a park. The Friends Group and U3A are certainly making an impact and there is much to admire in the park at whichever season you visit.

There is a significant underperformance by Amey on the streets ahead contract leading to many roads across the city not being maintained in good time to the specified standard, and your three councillors are getting many reports of this in Dore and Totley ward. As chair of the Waste and Street Scene Committee Joe Otten will be summoning Amey to explain their plan to get back up to standard at the meeting of the committee in December. Amey are currently paying financial penalties for their underperformance and are in the process of being sold by their parent company.

The Waste and Street Scene Committee is also bringing in a new initiative to support volunteer litter pickers. At long last the materials they need (grabbers, bags etc) will be made available in some local libraries rather than expecting them to go to Ecclesfield on a Wednesday afternoon. Ecclesall Library is included (but not Totley Library unfortunately) which should make it easier for our wonderful volunteers who help keep our city clean and tidy.

Another fresh initiative from Joe as chair of this committee is that 8000 homes across the city have been involved in a trial where food waste is collected separately every week. It is then sent for anaerobic digestion which efficiently extracts the energy from the food waste and produces fertiliser that is used in agriculture. We are hoping to roll this out across the city when funding is available.



Joe Otten (left) with ClIrs Cliff Woodcraft and Tim Huggan visiting the anaerobic digester

We're pleased to report that a second Vehicle Activated Sign is now being rotated around different locations in the ward. It differs from the one on Baslow Road in that it only displays a warning when a vehicle is detected breaking the speed limit. The equipment also keeps a record of the average speed and the number of speeding vehicles in a particular location, both of which help inform other enforcement activity.

The financial situation at the Council remains very serious with a predicted overspend this year of approximately £18 million. Every Councillor in the city has been involved in cross-party discussions on what actions can be taken to reduce the deficit. Good progress has been made but a significant gap remains and it is unlikely that additional funds will be available from central government. Some difficult decisions may have to be taken before the end of the financial year.

More positively, as Chair of the Economic Development Committee, Martin has been working on the next phase of the city's post-covid economic recovery plans and a second batch of grant funding for local projects should be available in the new year. He was also involved in the city's bid for the Eurovision Song Contest. We were really pleased to make the shortlist and it's a shame that we didn't win the final vote, but the favourable publicity that Sheffield received during the process may lead to other opportunities in the future. The economic benefits of hosting major events like the Women's Euros are tremendous.

The South West Local Area Committee has secured some additional support for youth provision. This will be used to provided youth workers who will target groups in the local parks with the intention of engaging young people and preventing any anti-social behaviour.

Our regular surgeries are at Totley Library on the second Monday of each month at 6-7pm and at Dore Old School on the second Saturday at 10.30am to noon.

Or you can contact us by email on

joe.otten@councillor.sheffield.gov.uk martin.smith@councillor.sheffield.gov.uk colin.ross@councillor.sheffield.gov.uk

Colin, Martin and Joe

Regular events and meetings at Totley Library

Monday:

French lessons for children following the award winning course material from La Jolie Ronde.

After school classes are available for children in the childrens library

3.40pm – Ý5/Y6; 4.10pm – Y3/Y4; 4.40pm – Y1/Y2 5.30pm - Y4/Y5

Contact Joanna on 07854 148809 or email speaquesheffield@gmail.com to find out more about local availability for French language classes.

Friends of Gillfield Wood, occasional Mondays, 7.30pm onwards. Talks on local nature and conservation. See posters, the FoGW article in this issue, or www.friendsofgillfieldwood.com **Councillor Surgery**, 2nd Monday of the month, 6–7pm

Tuesday:

Baby Time 1.30-2.15pm (term times only). Come along to meet other parents/carers and babies. We sing simple songs, have fun and allow time to chat.

Poetry Group, first Tuesday in month, 7.00 – 9.00pm. *Please* note that this group cannot accept new members at present. **Friends of Dore and Totley Station** Occasional Tuesdays, 7.30pm. See www.FODATS.net

Wednesday:

Coffee Morning, 10.30 - 12noon

Story Time for toddlers and pre-school children from 10am - 11.30am (except school holidays). Children can take part in weekly themed craft activities, sing songs and listen to a story. £1 donation per child greatly appreciated. **Health Walks,** 10.30am, meet at Totley Library. Contact Step Out Sheffield on 07505 639524 or email stepoutsheffield@ amail.com

Totley History Group, usually last Wednesday of the month, 7.30. Talks on matters of historical interest. Check posters, the *Totley Independent* Diary, or www.totleyhistorygroup.org.uk **Yoga sessions** 7.00 – 8.30pm, Wednesdays (except the last Wednesday of the month). For more details call Ann Zielonka on 0114 2361585 or 07929 736966. Beginners welcome. You are advised to call Ann to check that the sessions are taking place.

Thursday:

Thursday Morning Natter 10.30 - 11.30. Hot drinks and good company - for people aged 60 or over.

Chair Aerobics with Kay 12noon for 45-60 minutes. An Age UK and People Keeping Well weekly exercise class. £3 per week - no need to pre-book, just turn up.

Reading Club 2 meets in the library on the third Thursday of each month between 1.30 and 3pm. If you are interested in coming along please email Dawn Rich, who runs the club, at dawn@ilmd.biz

Saturday:

Regular second-hand book sales. Check CRIC website and the Diary page in this issue for upcoming sales: http://www.totleycric.org.uk/

What should we eat?

Many of us struggle to work out what to eat and how to feed our families to stay healthy. We are bombarded with information, often contradictory, on the foods we should be eating for good health. Other factors such as environmental concerns and animal welfare also raise questions in our minds about what we should eat. It's no wonder many people end up very confused!

But food really matters to health and eating well can prevent illness from chronic conditions, such as heart disease, osteoarthritis, thyroid conditions, type 2 diabetes, digestive problems, immune conditions, to name a few. At certain times in



life, it's good to take stock to make sure we are getting the nutrients we need for health. Here we describe when you might need to re-assess your diet and take action to improve it.

When should we take stock of our diets?

We recommend that at certain points in their lives everyone should take stock of their diets, to check whether it's giving them what they need to stay healthy, given their particular age or circumstances. Here are a few examples of when it might be a good idea to take stock:

1. When we're leading busy, hectic lives

If you're busy working long hours, you might have little time for shopping and preparing food, particularly during the working week. You may have drifted into habits around food, catching food when you can, with greater reliance on convenience foods and less cooking from scratch. Being on the go and potentially having some nutrient deficiencies, you may be more susceptible to catching colds and other infections as your immune system may be weakened. So taking time to check whether the food you and your family are eating is giving you the nutrients you need, and trying to make some tweaks to the menu, makes sense in these circumstances.

2. When we make dietary changes

If you make changes to your diet – such as becoming vegetarian or vegan or if you decide to exclude specific foods because of an allergy or sensitivity – it's worth checking that you're getting all your key nutrients to compensate for the removed foods. For example, if you exclude animal foods from your diet, with care you can get most nutrients you need from other foods, but you will need to use supplements or fortified foods for particular nutrients, such as vitamin B12 and omega 3 fatty acids, and potentially for others such as iron, calcium, zinc and iodine. So, it's worth taking stock to plan how you will routinely get all key nutrients.

3. Planning a pregnancy

Being well nourished as you enter pregnancy ensures you have plentiful supply of nutrients to share with your growing baby. Most people know the importance of taking a folic acid supplement in pregnancy, but it's also important to check you're getting plenty of other key nutrients such as vitamin D, calcium and iron in your diet. Eating plenty of protein, particularly during the early stages of pregnancy, is important to ensure the proper growth of babies' organs and tissues. Taking stock of your diet is an important part of planning for pregnancy.

4. Taking new medications

If you've started taking medications for a health condition you may be at risk of nutrient deficiencies. For example, acid suppressing drugs, such as Proton Pump Inhibitors (PPI's) deplete magnesium and vitamin B12. Other medications that can deplete nutrients include antidepressants, antibiotics, birth control, statins, diabetes medications, pain killers and blood pressure medications.

5. Around the menopause

As women reach perimenopause their bodies start to change as oestrogen levels decline. Lower oestrogen increases the loss of calcium from bones, so it's important to get more of the nutrients needed for bone health, such as calcium and vitamin D. The risk of heart disease also increases for women from this time, so making dietary changes can protect your health into the future.

6. As we get older

It's not inevitable that we lose our good health as we get older- if we take steps early, we can maintain good health into our later years. As we age, we become less able to absorb nutrients from the foods we eat, which can lead to vitamin deficiencies, such as vitamin B12 deficiency. We need to eat a wide variety of good quality, nutrient-rich food as we get older as every mouthful counts! Regularly eating plenty of protein is also very important as we age, as this helps us to maintain muscle mass, which is so important for overall health.

Healthy Eating MOTs at Totley Library - Friday 20th January

You are invited to come along for a free Healthy Eating MOT at Totley Library, 2-5pm on Friday 20th January 2023. Each mini nutrition consultation will be carried out by a Registered Nutritionist and will provide an assessment of your usual diet, with advice and tips on changes you might make to improve or add value for health benefit.

Alison Mori, a Certified Health Coach, will join us at this event. She works with people who want to improve their health and wellbeing so that they can feel more fulfilled in life.

If you'd like to book a free mini-consultation on 20th January, please visit our website: https://www.cinnamondays.co.uk/ healthy-eating-mot

Traffic News

Motor bikes are to be introduced for speed camera work, where a van cannot be parked. Camera vans are being adapted to accommodate ANPR cameras as well. There has been a delay because the company who does the conversions has been fitting armour protection to ambulances to be exported to Ukraine.

Below are the statistics for the sites in our area, with data from the past six months:

A621 Baslow Road (near Marstone Crescent) – 132 offences – 51mph highest speed

A621 Baslow Road (near Main Avenue) – 3 offences – 36mph highest speed

A621 Abbeydale Road South/Bushey Wood Road – 214 offences – 45mph highest speed

Dore Road – 79 offences – 45mph highest speed

Road Closures: B6001 Calver/ Hassop, 5 to 9 December 8am to 4pm.

A625 Froggatt to Calver Road, 14 November until March 2023. Access to Grouse Inn from Longshaw.

Diversions (signs will be displayed): Along A625 to B6054, to A621 to A619 to A623 to A625 and vice versa. HGVs warned to not use Grindleford. This information is from Buxtonweather.co.uk

Roger Hart

Dronfield Landscapes

Private & Commercial Contracts

Trees, Hedges, Fencing, Turfing, Lawns Mowed, Paving, Garden Maintenance etc Seasoned Firewood Log Sales

Fully Insured, All work to BS3998 Waste Carrier Licence

Chris: 07976072785 Richard: 07789497104 richard.jbc@hotmail.co.uk

Hazelbarrow Farm, Norton Sheffield S8 8BA

Ask Your Pharmacist

Winter advice from Totley Pharmacy

This year is another where the Christmas and New Year holidays fall over the weekend, meaning surgeries will be closed for four and three consecutive days. Though there is no need to panic, please ensure you order your prescriptions early enough to get them before the holidays. With global shortages and the weak pound, medicine supplies have been disrupted this year. Since the high cost of diesel is also disrupting deliveries, the need to plan ahead is even more important this year. We would suggest ordering by 15th December.

If you struggle to order your prescription, please get in touch with us so that we can help you. Now may also be the ideal time to join the many patients who are taking advantage of the convenience of our 24/7 prescription collection machine. This will allow you to collect after pharmacies have closed. When life gets busy leading up to and over the holiday period, this could save valuable time. We will also fill the machine just before we close for the holidays so you can collect it at your convenience over Christmas and the New Year. In the past, like other pharmacies, we have closed for the holidays and patients have not been able to access their medicines, so our machine could prove a lifesaver.

While social distancing is no longer mandated, it remains a sensible practice in risky situations especially as respiratory illnesses numbers will rise in the winter (Covid and others). Many patients have told us the peace of mind they get from collecting their prescriptions from our outside point rather than in busy, crowded pharmacies is the reason they signed up to it. To sign up before the holidays, please pop in or visit our website - totleypharmacy.co.uk



Even if you do not take prescription medicines, it is still useful to plan ahead. It would be wise to stock up on cough and cold remedies rather than being caught short. Vitamins to boost your immune system can also be useful during such cold periods. As it's the first year for a while that we can party and meet freely, perhaps it would be wise to stock up on indigestion and over-indulgence remedies too! Bizarrely, as we enter winter, this year there are severe shortages of many popular winter remedies so you may not find your favourite product. If you want advice, pop in to see us and we can recommend the best thing for your symptoms. Not only do we have certain stronger medicines which can only be bought from pharmacies, we will also ensure the treatment we recommend suits you and considers any other medicines you may take.

NHS resources will be stretched to their limits this winter. To support the NHS, please consider using pharmacies as your first port of call for minor illnesses. This will allow GPs and hospitals to concentrate on more serious illnesses. We can treat you or refer you on to other healthcare options where necessary. Using the minor ailments scheme, we can also provide some treatments free on the NHS. This is especially helpful in the current financial crisis, so feel free to pop in and ask about this scheme. You can see our pharmacists for advice without an appointment.

Of course, another severe financial burden this year is the cost of heating. Despite this, it is important to keep warm in winter – both inside and outdoors. Keeping warm over the winter months can help to prevent colds, flu and more serious problems such as heart attacks, strokes, pneumonia and depression.

Below are some tips from NHS England -

• if you're not very mobile, are 65 or over, or have a health condition, such as heart or lung disease, heat your home to at least 18C

 keep your bedroom at 18C all night if you can – and keep the bedroom window closed

• have at least one hot meal a day – eating regularly helps keep you warm

• have hot drinks regularly

• draw curtains at dusk and keep doors closed to block out draughts

• get your heating system checked regularly by a qualified professional

Keep active when you're indoors. Try not to sit still for more than an hour or so. Wear several layers of light clothes. They trap warm air better than one bulky layer.

Another cost-effective tip that is becoming more popular is the use of electric blankets which are claimed to use only 3p/hour.

Flu can lead to serious illnesses, such as pneumonia and bronchitis, and even death in vulnerable people. You are more at risk if you are older, have a long-term condition, or are pregnant. This is late in the season, so many people will have already had a flu jab, but if you haven't, pop in and we can vaccinate you. This is extremely important this year as the NHS still struggles to deal with Covid and you may struggle to get a NHS bed if you have flu.

Make sure you get your free flu vaccine if:

- you are 65 and over
- you have a long-term health condition
- you are pregnant

Merry Christmas and a happy, healthy New Year!

Tajinder Singh

Letter to the Editor

From Francis Donnelly

Whilst standing alone at the Totley War Memorial on the anniversary of Armistice Day - 11th November 2022 - I met a Totley resident with her dog.

We read out an order of service to commemorate the armistice, and afterwards I explained that Totley All Saints Anglican Church are rostered to clean out the war memorial in November in readiness for the Remembrance Sunday Service at the memorial.

Unfortunately the gentleman who has been doing this work fell and broke his hip during the summer. Sheffield City Council usually removes debris, leaves and last year's wreaths... but not this year!

The lady said that she and her husband would clean out the memorial for the memorial service on Remembrance Sunday - God Bless her!

They did a magnificent job - the memorial looked splendid. Great Thanks indeed.

F. Donnelly

Prime Ministers and Railways

It's no understatement to say that we're hearing a lot about Prime Ministers at present. Some were enthusiastic about railways and had locomotives named after them.

In 1838, Benjamin Disraeli, at the time MP for Maidstone, Kent and later Chancellor of the Exchequer and Prime Minister, travelled from the first Paddington station to Maidenhead on a Great Western Railway (GWR) train. This was as far as the 22mile line had reached at the time. His journey took 42 minutes, an average of 32 mph. Disraeli wrote to a colleague, "It is the only satisfactory piece of railroad travelling I ever performed." Sometime later, five locomotives were to bear his name.

The railways were still doing amazing work during World War Two when on the 3rd January 1944, a 'Message from the Prime Minister' was published in British newspapers. This was 21 years after the 'Grouping' when the country's railway companies were merged into the 'Big Four'. Winston Churchill's congratulatory piece included: "I should like Churchill's congratulatory piece included: "I should like to take the opportunity of expressing to the Railway Managements and every Railway Employee the Nation's thanks for the highly efficient manner in which they have met every demand made upon them during the last four years of our desperate struggle with Nazi Germany. Throughout the period of the heavy German air raids on this country, the arteries of the Nation, the Railways, with their extensive dock undertakings, were subjected to intensive attacks. Yet the grim determination, unwavering courage and constant resourcefulness of the railwaymen of all ranks have enabled the results of the damage to be overcome very speedily and communications restored without delay. Thus, in spite of every enemy effort, the traffic has been kept moving and the great flow of munitions proceeds. Results such as the Railways have achieved are only won by blood and sweat, and on behalf the Nation I express gratitude to every railwayman who has participated in this great transport effort, which is contributing so largely towards final victory."

One of the Southern Railway's 'Battle of Britain' class locomotives was named 'Winston Churchill' in 1946 and the locomotive is now in the National Collection as a static exhibit. Two more carried his name.



The locomotive "Winston Churchill" photographed at Eastleigh, Hampshire in 1961. The loco is currently at the "Locomotion" museum at Shildon, County Durham. (Photo: Mike Peart)

The funeral of former Prime Minister David Lloyd George took place in North Wales on 30th March 1945. His family knew of Lloyd George's fondness for the station horse at his local station, Criccieth. At the family's request, railway horse 'Dan' was used to pull the farm cart conveying his coffin. It was taken from his house to the grave on a bank beside the River Dwyfor as Lloyd George did not want to be buried in a churchyard or cemetery. 'Dan' was led past very large crowds by his usual carter, with the railway company's Chief Horse Inspector in attendance. Lloyd George had three locomotives named after him.

In May 1952 when the Transport Bill was being drafted, Harold Macmillan, a former director of the GWR and later to be Prime Minister, got sentimental and wrote about the future of the railways. As a former railway director, he was entitled to a

lifetime gold pass for first class rail travel which he reputedly used long after retirement into the 1970s and 1980s. He said, "Why not restore the old names and titles? For instance, Western Region should be called the Great Western Railway. The head of it should be called the General Manager as he always was. It would also give great pleasure if the old colours were restored. Our men used to be proud of their chocolate brown suits and all the rest; the Great Western institutions such as the Operatic Troupes, Concerts, Boy Scouts and all the rest should go back to the old names and become distinctive. The regimental system is a great one with the British and it is always a mistake to destroy tradition. I am quite sure from my own talks with old friends in the GWR that they would welcome recovering their identity. They don't care about who owns the shares, what they care about is their own individuality." Over 60 years later he was proved right. The Great Western Railway came back into existence in 2015 and still runs the services from Paddington, second home of the marmalade sandwich.

As Prime Minister, Macmillan was speaking in the Commons in 1960 agreeing that the earlier railway modernisation plans were not meeting their targets, and that the system would require a shake-up to meet current needs. Part of what he said is as follows: "Finally, there is the problem of finance. In the shortterm the problem is to devise interim financial arrangements to enable the railway system to be carried on until the necessary reorganisation can be made effective. In the long-term the financial arrangements must depend on the size and structure of the undertaking, and must, indeed, form an essential part of the general reorganisation. The life and trade of the nation require a railway system, but it must not be allowed to become an intolerable burden on the national economy."

This situation eventually led to the appointment of Dr Beeching and his 1963 report 'The Reshaping of British Railways'. A lot of the railway network was lost and, ironically, some bits of it are now being put back again. However, Macmillan finally had a locomotive named after him.

Then came privatisation in the 1990s – the work of John Major's government. I don't think that he or his predecessor Margaret Thatcher had any locomotives named after them. Now in the 2020s, it's all being unscrambled again. Some might say that the railways haven't really caught up since World War Two – they could well be right. It remains to be seen if any future Prime Ministers will qualify for the honour.

Mike Peart



Totley History Group

It was really heartening to see a return to our pre-lockdown numbers when Mary Garside was our guest speaker in October. So many hospitals, and with just an hour to recount the history of caring for the sick of Sheffield over three

centuries. We gathered so much information and were shown wonderful archive pictures of many of these establishments. Memories were shared by those of us who had experienced the various branches of care, either as staff or patients.

As we do each November, a wreath has been laid at the War Memorial in memory of Totley's fallen. Our book recording the lives and deaths of the ten men who died in WW1 is available by contacting the website for a copy. Price $\pounds 3$.

Future Programme

December: No meeting

January 25th: Catherine Warr, 'The Civil War in South Yorkshire'

February 22nd: Anna de Lange, 'A Man, a Knife and a Project... the history of Portland works'.

All meetings are held in Totley Library at 7.30pm on 4th Wed of the month, unless stated otherwise.

Our website, www.totleyhistorygroup.org.net is still accessible but we're presently transferring to a larger platform. If you need to contact us and have any difficulty please tel. Pauline Burnett 0114 235 2344

Pauline Burnett

Transport 17

Fundraising Thank Yous!

As ever, Transport 17 is grateful for the support we receive from the local community. We'd like to make particular mention of two ways in which we have benefited from the wider community support.

Co-op Local Community Fund

As many of you will be aware, Transport 17 was selected to be one of Co-op's Local Causes over the last 12 months. This has meant that anyone who is a Co-op member and has selected Transport 17 as their local cause raised funds for us when they bought Co-op products and services. We also benefit from the Co-op raising our profile within the local community and encouraging members to choose a local cause to benefit as they shop. Your contributions through this scheme make a significant difference and this year we received £3417.22 via the Local Community Fund. Thank you so much to all of you who chose T17 as your local cause, and to the local Co-ops for supporting us. Fiona Smith, Transport 17 Operations Manager, was at Dore Co-op at the beginning of November to receive the cheque from the store manager.



Christmas Fayre

This year we were really pleased to be able to hold our first community fundraising event since before the Covid pandemic hit the UK bringing with it significant changes to all our lifestyles and activities. The first Transport 17 Christmas Fayre for 3 years was held at the Cross Scythes pub on Saturday 19th November and was a great success, raising just over £1100 for the organisation. It was lovely to see both old faces of longstanding supporters, and new faces, coming in to enjoy the refreshments (which were provided free of charge by the Cross Scythes with all proceeds going to T17), have a natter with friends and pick a Christmas gift or two. A huge thank you goes to Ben and his staff team at the Cross Scythes for hosting the event, providing and serving the refreshments, and accommodating our requests and changes to the pub layout! Thank you also to Gail Wyman, who designed our posters free of charge. However, the event wouldn't have been so successful without the generosity of local individuals and businesses who donated items for the stalls and prizes for the raffle – thank you. Some examples of these can be seen in the pictures below. We'd ask that you remember local businesses as you shop for Christmas and 'shop local' where you can!

Other News - Welcoming Spaces

As all of us will be aware, the cost-of-living crisis in the UK is here, now, and it is causing unprecedented pressures on people who might already be struggling. Voluntary and community organisations already play a vital role, alongside the Council and other statutory services, in supporting people in Sheffield. At Transport 17 we are proud to be one such voluntary organisation and being part of the South West Ade UK Sheffield PKW Partnership means we are well



placed to support the creation of welcoming spaces across our area, either by increasing the capacity of existing provision, or creating new provision, helping to target social isolation and loneliness. There are already potential venues

identified in Bradway, Dore and Totley. The PKW Partnership is a network of local organisations who share resources such as venues, volunteers and transport, and enables individuals to connect with others in their local area thereby reducing feelings of isolation and loneliness - see page 33 of this issue of *Totley Independent*.



The Christmas Fayre at the Cross Scythes

T17 is hoping to be able to support older people who need transport to access new and existing welcoming spaces across the South West. Places where they can find a welcoming smile, a place to sit, enjoy a little company, get warm and stay warm. We have the vehicle capacity to provide this support on several days of the week however, will be unable to, without more volunteers. Therefore, we are interested in hearing from anyone who would like to volunteer with us at T17 as a minibus driver or a passenger assistant. If you would like to find out more information or express an interest in volunteering, please contact us on 0114 236 2962, or at admin@transport17.co.uk



Neighbourhood Watch

My two weeks away in the sun seem so long ago but not long enough to get away from the local incidents, as some of you were kind enough to inform me. Unfortunately the internet connections were not great onboard the ship and I could only get online with any certainty whilst in some ports of call. One item that really caught my eye was the number of police officers of various types there were on the streets of even the smaller villages and towns. In some cases there were about four or five different local, municipal or port police. The major difference was that almost every one of these officers were armed and some quite elderly ones amongst them, not that we saw any evidence of any crimes but were warned about the dangers of pickpockets on the Ramblas in Barcelona.

A bit different from our own local problems, which continue to involve the theft of motor vehicles. Range Rover and Ford Fiesta models dominate our incident reports. Most of them were accessed without the keys or fobs, indicating the keyless systems had been cloned by capturing the signal from the fobs and transmitted to the vehicle to unlock the doors, cancel the alarm and start the car without anyone knowing.

There have been numerous programs on TV recently showing vehicles being stolen within minutes. Simple measures like RFI wallets prevent the signal being captured in this way and are easily available at very little cost. Both sets of key fob need to be protected, and always check whether your wallet is actually preventing your vehicle being opened, as unfortunately some of those being advertised are fake and do not prevent the rogues. Even a metal container can screen the signal from outside, but check its effective at screening the signal. Don't assume, check.

Another crime that was very prevalent during the summer months was the theft of bicycles from sheds and garages. According to some of the officers who attended the scenes the lack of secure locks or strong doors was very noticeable. The question we should be asking is what price does a good secure lock cost, compared to the expensive bicycles being stolen.

Now as we enter winter some types of crime become more prolific, including burglary, as the criminals use the dark nights to spend their time attempting to relieve us of our hard-earned property. Therefore we should be considering various means of making our property more secure. Some of these involve a lot of money like professionally-installed CCTV or burglar alarm systems. Many others can cost very little.

The first items to check are door locks. Many properties will still have a Yale type lock that was fitted over thirty years ago. Now is the time to replace them with a newer highrated version that is unlikely to be so easy to enable access. Similarly Eurolocks on patio and other UPVC doors need to be at least 3-Star rated with multi anti-snap features. Finally window locks of some form should be used as the usual window handle does not offer much security on its own.

If you are on Facebook you will see regular posts from people who have been notified of suspicious people calling at their homes via their Ring doorbell camera systems. There are



many other suppliers of similar systems available - again a fairly inexpensive option. The hours between 4pm until

dawn are the main danger periods but between 4 and 7pm the criminals are on the lookout for unattended properties especially those without any lights showing. This is where other inexpensive measures can make your property less likely to be burgled. TV simulators, time switches for lights, external security lighting are all available for less than £20 and in most case do not need a professional to install. Any of these options are worth investing in and don't forget to let a neighbour know if you are going to be away! That way, any activity around your property should send out warning flags to your neighbour.

Why make it easy for them and costly for you? Insurance may replace items and repair damage but it will never cover the feeling of some villain being in your property and the potential loss of not only valuable items but those of sentimental value.

Don't forget - if you see a crime taking place call 999 immediately. If you want to report a crime that has already happened use the 101 number but better still report it online to SYP and avoid the potentially long wait to be answered.

Please do not try to contact our PCSO's in an emergency; they are only contactable when on shifts Monday to Saturday and do not take their work phones home with them.

Consider joining Neighbourhood Watch, where this and additional information is regularly available. It does not cost anything to join and we send out weekly incident reports to all our members. A membership form can be completed online at our website and we also have a Facebook group. Website: www.s17nwa.co.uk S17NWA Facebook Group.

Take care and stay safe.

Les Day, Chairman S17NWA Les_nhw@hotmail.com 07985 424363

Tree Planting in Totley

The Community Forestry team at Sheffield City Council has been working with parts of the local community to bring the Queen's Green Canopy Project (https://queensgreencanopy. org/) to Totley.

The QGC is a project initiated by our late queen where individuals and communities can get together to plant native trees in order to enhance the environment, support bio-diversity and attract wildlife not only across the UK but throughout the Commonwealth. The Woodland Trust (https://www.woodlandtrust.org.uk/) is the largest woodland conservation charity in the UK and a lead partner in the QCG scheme. The Trust is providing millions of saplings nationally to community groups and it sells suitable plants to individuals. For the past two years it has part-funded the council's Community Forestry team through its Emergency Tree Fund. Charities large and small from the National Trust to our own Friends of Gillfield Wood (https://www. friendsofgillfieldwood.com/) are helping with the scheme.

Anyone can take part either by planting a tree of their own on their own land or by joining a community planting event. If planting your own tree please do ensure that it is suitable for the site you have chosen as some trees can become very large and become a nuisance where space is limited.

We will be planting saplings in the fringes of Totley Hall Park and Green Oak Park. These areas have been selected with park users so as not to interfere with normal park use or neighbours. The planting at Green Oak is in partnership with a team from the University of Sheffield which is interested in monitoring tree growth and tree health over time.

For more information and to find out how to help contact Sheffield City Council Community Forestry Team: 0114 250 0500 or email communityforestry@sheffield.gov.uk

Go to https://communityforestrysheffield.eventbrite.com to book a place at any planting event across the city this autumn/winter. Planting will continue until March and dates still being added. Booking is preferred so that appropriate levels of staffing and equipment are provided.

Duncan Froggatt and Toby Pillatt



People Keeping Well

We run a wide variety of activities, courses and groups across the South West of Sheffield enabling people to get out and about, find new hobbies, stay active and have fun. This is part of the Sheffield People Keeping Well programme.

The South West Sheffield PKW Partnership area covers the following areas: Dore, Totley, Bradway, Endcliffe, Fulwood, Ranmoor, Greystones, Nether Edge, Bents Green, Brincliffe, Ecclesall, Whirlow, Abbeydale.

If you need further help and someone to guide you through it please don't hesitate to contact Joanna Woodward on 0114 250 2850 or via email at joanna.woodward@ageuksheffield. org.uk

Activities

 Coffee and Chair Aerobics - Bradway Community Hall -Community Wellness Service

 Strength and balance Class- Dore and Totley United Reformed Church- - Community Wellness Service

• Monday Coffee Morning – Dore and Totley United reformed Church

Cosy Creatives –Age UK Sheffield

Connecting with Nature for wellbeing -Cross Scythes, Tot-

ley- Delivered by Caroline Cook, Horticultural Therapist

• Ecclesall Forum - Cherry Tree pub on Carterknowle Road-Delivered by Paul May

• Dance to health – St Augustin's Church, Endcliffe. Contact Jenny Johnson for details



 Singing Teapot Choir –Dore and Totley United Reformed Church - Delivered by Yo Tozer Ioft

• Dore and Totley Rosemary Memory Café -online chat, quizzes, live singers and more for people living with Dementia and their carers- Age UK Sheffield

Very Helpful Licensed Waste Removal

We offer single item or part house clearance services

We collect for disposal/recycle sheds, garage or outbuilding contents

We also do single item removals or collections

We don't collect beds or sofas

(**♦**recycle



E mail veryhelpfulman@yahoo.com

• Fulwood Memory Café at Fulwood Scout Hut. Chat, quizzes, live singers and more, for people living with Dementia and their carers- Age UK Sheffield

• Knit and Natter – Totley Rise Methodist Church -1pm-3pm

• S17 Carers café -supported by Sheffield Carers Centre • Coffee on the Corner Totley - every Wednesday. This is different to the 'normal' Friendship Lunches in that it is weekly, with no set price/menu/live entertainment. Guests can therefore just call in and have a drink and/or lunch

 Chair Aerobics-Totley Library – Community Wellness Service

• Bents Green Memory Cafe. Chat, quizzes, live singers and more, for people living with Dementia and their carers

• Table Tennis- Bradway Community Hall.

• S11 carers Walk, Ecclesall Woods - Delivered by Sheffield Carers Centre

• Natter Coffee morning -Totley Library - Delivered by Totley All Saints Church

 Community Journalism and Memoir Writing - Kathryn Reaney

 Sporting Chatter – Bradway Community Hall- contact Phillip

• Shepley Spitfire Friendship Lunch, Mickley Lane, Totley, Sheffield, S17 4HE- Meal and live entertainment

• Forest Bathing /Nature mindfulness in Graves Park - Caroline Cook Horticulturist

 Woodwork Wellbeing – Bradway Community Hall – Steve Fridlington

Providers and contact details:

• Sheffield Carers Centre-email Jan- jan@sheffieldcarers. org.uk

• Age UK Sheffield - 01142502850

• Caroline Cook- Horticultural Therapist Caroline@wellwithnature.co.uk www.wellwithnature.uk

- Kathryn Reaney reaneywrites@gmail.com 07854751932
- Cosy Creatives Age UK Sheffield on 01142502850
 Sporting Chatter Phillip Staton- 07788620313
 Kathy Markwick kathymarkwick@googlemail.com

 South West Sheffield PKW (People Keeping Well)- Joanna Woodward (Community Development Officer) Joanna. woodward@ageuksheffield.org.uk or Age UK Sheffield on 01142502850

• Jan Outram - Sheffield Carers Centre - jan@sheffieldcarers.org.uk

• Paul May – Ecclesall Forum -- Pauljmay@blueyonder.co.uk Jenny Johnson- jennyjohnson@ae-sop.org

- Yo Tozer-Ioft- 07925634420
- Totley Rise Methodist Church Maxine 0114 3485220
- Bents green memory café Contact 07384833594
- Table Tennis- Contact Jan on 07787 954 842/0114 418
- 6463
- Totley All Saints Church 01142367627
- Philip Staton -07788620313
- Shepley Spitfire - 01142 360298 •

 Steve Fridlington -07900344361 woodworkwellbeing@ outlook.com







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	TOTLEY & DISTRICT DIARY
MONDAYS	AGE UK FITNESS Dore & Totley United Reformed Church, 1.30-2.30 pm. Contact Jo Woodward 250 2850
	GUIDES, All Saints Church Hall, 6.45pm-9pm
	SLIMMING WORLD Totley Rise Methodist Church, 5pm and 7pm. Call Sarah on 07577 070797
TUESDAYS	PILATES The Old School, Dore, 9.30-10.30am. Phone Sally Kilner 07917 762502
	TOTLEY OPERATIC AND DRAMATIC SOCIETY (TOADS) meets 7.30pm to 10pm, in the Guild Room, St
	John's Church, Abbeydale Road South. For more information call 0114 2351206
	BABY TIME Totley Library, Tuesday 1.30-2.15pm (term-times only). Come along to meet other parents/carers
	and babies. We sing simple songs, have fun and allow time to chat
	SHEFFIELD MARQUETRY GROUP 10am-12noon, St Oswald's Church Crypt, Bannerdale Rd. Small friendly
	group - beginners welcome. For information phone Graeme 07947 127909 or Pat 0114 2819915
	KNIT, NATTER, CRAFT & CHATTER Totley Rise Methodist Church, 12 noon-3.00pm
	JAZZ IN THE AFTERNOON 1.30-3.30pm, Totley Rise Methodist Church Schoolroom. A weekly afternoon of all
	forms of recorded jazz, plus discussion. Tea, coffee and biscuits available
	YOGA CLASS 1.15 - 2.45pm at Dore and Totley United Reformed Church. Contact Rachel (qualified level 4 BWY
	teacher) 07708 996984 or yogaq@hotmail.co.uk
	PILATES CLASSES Dore & Totley United Reformed Church, 9.00-10.00am and 10.15-11.15am. Contact Carolin
	tel: 0781 722 0324, email Carolinenorth1@me.com, www.pilatescarolinenorth.co.uk
	CARERS' CAFE MONTHLY Dore & Totley United Reformed Church 10-11.30 am. Contact Jan Outram 0114 278 942
	COFFEE IN THE LIBRARY 10.30am-12.30pm. Come and have a coffee and a chat
	STORY TIME for toddlers and pre-school children at Totley Library from 10am - 11.30am (except school
	holidays). Children can take part in weekly themed craft activities, sing songs and listen to a story. £1 dona
	tion per child greatly appreciated
	TODDLER GROUP 10am-11.30am, All Saints' Church Hall. Details tel. Liz Hayden 07969 826464
	HEALTH WALKS 10.30am, meet at Totley Library. Contact Step Out Sheffield on 07505 639524 or email
	stepoutsheffield@gmail.com
	YOGA CLASS 6.30 – 8pm at St Johns Church Hall Totley. Contact Rachel (qualified level 4 BWY teacher) 07708
	996984 or yogaq@hotmail.co.uk
THURSDAYS	RHYTHM TIME Baby, toddler & pre-schooler music sessions 9.00-11.30 Details Email: beth.w@rhythm
	time.org Phone/WhatsApp: 07748 589468 To book: https://rhythmtime.net/find-a-class
	ROCKCHOIR United Reformed Church, Totley Brook Rd, 11.30-1pm. See www.rockchoir.com or call 01252 714276
	CHAIR AEROBICS Totley Library, 12-1pm with Kay. An Age UK and People Keeping Well weekly exercise class.
	£3 per week, no need to pre-book, just turn up
	SOCIAL CLUB Dore and Totley URC fortnightly 2.30-4.30 pm Contact Alison Holden for information 236 0441
	PUSHCHAIR CLUB Totley Rise Methodist Church Hall, 10.30-12noon. Tel. 07912 352543 for details
	PILATES CLASS run by qualified Pilates Instructor/Physiotherapist for all abilities and ages. 1.30-2.30pm, 5.15-
	6.15pm and 6.15-7.15pm at the United Reformed Church, Totley Brook Road. Call Emer on 07792 422909
FRIDAYS	PILATES The Old School, Dore, 9.30-10.30am and 10.45-11.45am. Phone Sally Kilner 07917 762502

DECEMBER

MON 5th FRIENDS OF GILLFIELD WOOD An illustrated talk by Prof.Ian Rotherham 7.30pm, Totley Library. FRI 9th MINIATURE TRAIN RIDES 5pm - 8pm - train rides

FRI 9th MINIATURE TRAIN RIDES 5pm - 8pm - train rides and Christmas lights in aid of St. Luke's Hospice see poster on page 23 of this isue. Abbeydale Road South. £2 per ride per person. See www.sheffieldmodelengineers.com WED 14th TOTLEY PROBUS CLUB 10am in the Main Hall,

Totley Rise Methodist Church. Live music from local band Cellar V. Guests are always welcome - we are always looking for new members.

WED 14th FRIENDS OF GILLFIELD WOOD 10am. Practical Conservation morning. See p.11 for details.

FRI 16th JOHN WADE SINGERS at Millhouses Church Community Carol Service 7.30pm.

SAT 17th DORE GILBERT & SULLIVAN SOCIETY Christmas Concert. 2.30pm at Dore Methodist Church, Savage Lane S17 3GU. Tickets £9 each - please phone 07565 805405 or e-mail dore_bookings@mail.com or online from https:/doregass.weebly. com/tickets.html or by post from Tim Bates, 8 Canalside, Renishaw S21 3UY (please enclose S.A.E)

SAT 17th TOTLEY LITTER PICKING MORNING 10-11am. Equipment provided. This activity is done at participants' own risk. Children must be accompanied by an adult. Meet Baslow Rd, outside Totley Library. All welcome.

JANUARY

WED 11th TOTLEY PROBUS CLUB, 10am, Totley Rise Methodist Church. Talk on "The Vikings". Guests are always welcome - we are always looking for new members

SUN 15th FRIENDS OF GILLFIELD WOOD 10am. Practical Conservation morning. See p.11 for details.

WED 25th TOTLEY HISTORY GROUP, Catherine Warr, "The Civil War in South Yorkshire". Totley Library, 7.30pm. Non-members welcome.

CINNAMON DAYS - CIC



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